

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 100 Metros Planos Sub 16**

Name	Age Team	Seed	Finals	Points
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Finals

1 # 320	Zarco S, Renata	W14 Semp Runner	13.48	
2 # 204	Ramos P, Ivanna	W13 Ind	15.04	
3 # 288	Flores C, Camila	W13 Tortugas Metepec	15.65	
4 # 327	Parra M, Penelope	W15 Cdmx	20.90	

Femenil 200 Metros Planos Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 249	Zuñiga A, Angela	W15 Lagartos	28.69	
2 # 288	Flores C, Camila	W13 Tortugas Metepec	32.28	
3 # 112	Martinez V, Dara	W13 Tortugas Metepec	33.21	

Femenil 400 Metros Planos Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 46	Lara, Barbara	W13 Banorte - Zst	1:01.20	
2 # 320	Zarco S, Renata	W14 Semp Runner	1:03.51	
3 # 249	Zuñiga A, Angela	W15 Lagartos	1:05.60	
4 # 112	Martinez V, Dara	W13 Tortugas Metepec	1:19.06	

Femenil 800 Metros Carrera Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 46	Lara, Barbara	W13 Banorte - Zst	2:39.55	
	2:39.55 (2:39.55)	2:39.55 (0.00)		

Femenil Salto de Longitud Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 112	Martinez V, Dara	W13 Tortugas Metepec	3.85m	
	3.38m 3.48m 3.48m 3.69m 3.54m 3.85m			
2 # 288	Flores C, Camila	W13 Tortugas Metepec	3.72m	
	FOUL 3.58m 3.65m 3.72m 3.50m 3.36m			

Femenil Impulso de Bala 3 kg Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 117	Campos G, Sabrina	W13 Ignacio Renteria BJ	7.14m	
	5.24m 7.07m 6.95m 7.14m 6.43m 6.93m			

Femenil Lanzamiento de Disco 600 gr Sub 16

Name	Age Team	Seed	Finals	Points
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1 # 117	Campos G, Sabrina	W13 Ignacio Renteria BJ	18.60m	
	FOUL FOUL FOUL 18.60m 17.17m FOUL			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 100 Metros Planos Sub 18**

Name	Age Team	Seed	Finals	H#	Points
1 # 42 Diaz G, Valentina	W16 Banorte - Zst		13.25	1	
2 # 233 Arcos E, America	W16 Lagartos		13.41	1	
3 # 44 Garcia P, Laura	W16 Banorte - Zst		14.09	2	
4 # 128 Vite H, Mireya	W16 Ignacio Renteria BJ		14.63	1	
5 # 289 Martinez C, Jose	W17 Tortugas Metepec		14.75	2	
6 # 77 Solis T, Tina Dom	W17 Demons		15.06	1	
7 # 243 Ramirez A, Karen	W16 Lagartos		16.09	2	
8 # 47 Lozano O, Heilan	W17 Banorte - Zst		16.99	2	

Femenil 200 Metros Planos Sub 18

Name	Age Team	Seed	Finals	H#	Points
1 # 42 Diaz G, Valentina	W16 Banorte - Zst		27.30	1	
2 # 233 Arcos E, America	W16 Lagartos		28.28	2	
3 # 44 Garcia P, Laura	W16 Banorte - Zst		29.26	1	
4 # 78 Tzeck S, Xcanda	W17 Demons		29.85	1	
5 # 77 Solis T, Tina Dom	W17 Demons		31.08	2	
6 # 128 Vite H, Mireya	W16 Ignacio Renteria BJ		31.15	1	
7 # 126 Sanchez O, Andrea	W17 Ignacio Renteria BJ		32.83	1	
8 # 243 Ramirez A, Karen	W16 Lagartos		33.69	2	
9 # 47 Lozano O, Heilan	W17 Banorte - Zst		35.16	1	

Femenil 400 Metros Planos Sub 18

Name	Age Team	Seed	Finals	Points
1 # 78 Tzeck S, Xcanda	W17 Demons		1:09.15	
2 # 153 Esparza M, Pamela	W17 Ind		1:09.37	
3 # 126 Sanchez O, Andrea	W17 Ignacio Renteria BJ		1:17.59	
4 # 114 Alcantara R, Alon	W17 Ignacio Renteria BJ		1:18.61	

Femenil 800 Metros Carrera Sub 18

Name	Age Team	Seed	Finals	Points
1 # 50 Ososrio A, Alejan	W17 Banorte - Zst		2:36.58	
1:16.61 (1:16.61)	2:36.58 (1:19.98)			
2 # 153 Esparza M, Pamela	W17 Ind		2:51.35	
1:25.54 (1:25.54)	2:51.35 (1:25.81)			
3 # 16 Ramirez R, Maria	W16 Atletec Cem		2:53.63	
1:25.52 (1:25.52)	2:53.63 (1:28.11)			

Femenil 1500 Metros Carrera Sub 18

Name	Age Team	Seed	Finals	Points
1 # 16 Ramirez R, Maria	W16 Atletec Cem		6:22.13	
1:00.52 (1:00.52)	2:31.76 (1:31.25)	4:21.12 (1:49.37)		

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil Impulso de Bala 3 kg Sub 18**

Name	Age Team	Seed	Finals	Points
1 # 289 Martinez C, Jose	W17 Tortugas Metepec		6.98m	
FOUL 6.98m 6.42m 6.96m 6.42m 6.86m				

Femenil Lanzamiento de Disco 1 kg Sub 18

Name	Age Team	Seed	Finals	Points
1 # 114 Alcantara R, Alon	W17 Ignacio Renteria BJ		20.38m	
20.38m 17.03m 19.20m FOUL 18.31m 19.41m				

Femenil Lanzamiento de Jabalina 500 gr Sub 18

Name	Age Team	Seed	Finals	Points
1 # 150 Diaz C, Fatima	W15 Ind		20.46m	
20.46m FOUL FOUL FOUL FOUL				
2 # 174 Irigoyen S, Ingri	W16 Ind		20.25m	
17.15m 16.99m 20.25m 19.14m 19.45m				
3 # 199 Quintero V, Nayel	W16 Ind		17.82m	
16.90m 14.02m 16.03m 15.35m 17.82m				
4 # 50 Ososrio A, Alejan	W17 Banorte - Zst		16.25m	
FOUL FOUL FOUL FOUL 16.25m				

Femenil 100 Metros Planos Sub 20

Name	Age Team	Seed	Finals	Points
1 # 239 Hernandez M, Auro	W19 Lagartos		13.01	
2 # 247 Soto H, Kally Lar	W19 Lagartos		13.03	
3 # 148 De Jesus C, Arian	W18 Ind		14.65	
4 # 206 Ricardez C, Miche	W19 Ind		14.89	
5 # 325 Trujillo T, Valen	W19 Ind		15.14	
6 # 316 Leaños, Paulina	W20 Ened		15.94	

Femenil 200 Metros Planos Sub 20

Name	Age Team	Seed	Finals	Points
1 # 247 Soto H, Kally Lar	W19 Lagartos		26.07	
2 # 17 Rubio A, Valentin	W18 Atletec Cem		26.09	
3 # 239 Hernandez M, Auro	W19 Lagartos		26.75	
4 # 9 Garcia E, Regina	W19 Atletec Cem		28.87	
5 # 325 Trujillo T, Valen	W19 Ind		31.84	

Femenil 400 Metros Planos Sub 20

Name	Age Team	Seed	Finals	Points
1 # 237 Demedicis A, Xime	W18 Lagartos		1:07.47	
2 # 177 Lopez D, Melanie	W19 Ind		1:09.93	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 800 Metros Carrera Sub 20**

Name	Age Team	Seed	Finals	Points
1 # 237 Demedicis A, Xime	W18 Lagartos		2:41.80	
1:17.00 (1:17.00)	2:41.80 (1:24.81)			
2 # 1 Abigail S, Giulia	W18 Atletec Cem		2:45.52	
1:16.36 (1:16.36)	2:45.52 (1:29.17)			
3 # 8 Enriquez R, Ghala	W18 Atletec Cem		3:10.64	
1:25.58 (1:25.58)	3:10.64 (1:45.06)			

Femenil 1500 Metros Carrera Sub 20

Name	Age Team	Seed	Finals	Points
1 # 8 Enriquez R, Ghala	W18 Atletec Cem		6:52.57	
1:01.00 (1:01.00)	2:42.53 (1:41.53)	4:46.65 (2:04.12)		

Femenil Salto de Longitud Sub 20

Name	Age Team	Seed	Finals	Points
1 # 17 Rubio A, Valentin	W18 Atletec Cem		4.92m	
4.69m 4.85m 4.66m 4.74m 4.92m 4.66m				
2 # 148 De Jesus C, Arian	W18 Ind		4.14m	
4.09m 4.03m FOUL FOUL FOUL 4.14m				

Femenil Impulso de Bala 4 kg Sub 20

Name	Age Team	Seed	Finals	Points
1 # 148 De Jesus C, Arian	W18 Ind		7.54m	
6.21m FOUL 7.16m 6.92m 7.54m 7.40m				
2 # 206 Ricardez C, Miche	W19 Ind		5.71m	
FOUL 4.30m 4.96m 5.43m 5.71m 5.38m				

Femenil Lanzamiento de Disco 1 kg Sub 20

Name	Age Team	Seed	Finals	Points
1 # 11 Ledezma A, Nadia	W18 Atletec Cem		10.37m	
FOUL 10.37m FOUL FOUL FOUL FOUL				

Femenil Lanzamiento de Jabalina 600 gr Sub 20

Name	Age Team	Seed	Finals	Points
1 # 11 Ledezma A, Nadia	W18 Atletec Cem		21.06m	
21.06m 19.43m 18.20m 18.92m 18.03m				
2 # 177 Lopez D, Melanie	W19 Ind		13.80m	
FOUL 13.80m 11.12m 13.23m 12.62m				

Femenil 100 Metros Planos Libre

Name	Age Team	Seed	Finals	H#	Points
1 # 248 Valles A, Karen	W23 Lagartos		13.15	1	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Femenil 100 Metros Planos Libre**

2 #	170 Hernandez T, Yasm	W23 Ind	13.56	1
3 #	138 Camarillo D, Adri	W25 Ind	14.00	1
4 #	201 Ramirez M, Carla	W41 Ind	14.08	2
5 #	60 Antillon P, Azul	W22 Demons	14.09	2
6 #	61 Avila G, Patricia	W32 Demons	14.67	2
7 #	68 Nieto C, Rebeca M	W24 Demons	15.03	1
8 #	278 Chirinos A, Ferna	W24 Sprint Healthy	15.13	1
9 #	276 Bucio A, Maria de	W26 Sprint Healthy	15.43	1
10 #	245 Rosas U, Paula Iv	W25 Lagartos	15.89	2
11 #	72 Reyes J, Jazmin	W22 Demons	17.35	2

Femenil 200 Metros Planos Libre

Name	Age Team	Seed	Finals	H#	Points
1 #	248 Valles A, Karen	W23 Lagartos	28.44	1	
2 #	60 Antillon P, Azul	W22 Demons	29.17	2	
3 #	138 Camarillo D, Adri	W25 Ind	29.57	1	
4 #	276 Bucio A, Maria de	W26 Sprint Healthy	31.02	2	
5 #	68 Nieto C, Rebeca M	W24 Demons	31.80	1	
6 #	278 Chirinos A, Ferna	W24 Sprint Healthy	31.81	2	
7 #	245 Rosas U, Paula Iv	W25 Lagartos	34.43	1	

Femenil 400 Metros Planos Libre

Name	Age Team	Seed	Finals	Points
1 #	194 Pascual G, Samant	W19 Ind	1:06.43	
2 #	323 Trejo E, Perla Al	W20 Ind	1:13.39	
3 #	159 Garrido F, Leslie	W20 Ind	1:17.40	
4 #	73 Rincon G, Jaqueli	W23 Demons	1:18.87	

Femenil 800 Metros Carrera Libre

Name	Age Team	Seed	Finals	Points
1 #	7 Cuevas E, Norma G	W22 Atletec Cem	2:21.18	
	1:10.39 (1:10.39)	2:21.18 (1:10.80)		
2 #	25 De la Cruz V, Mon	W26 Banco Azteca	2:51.10	
	1:21.04 (1:21.04)	2:51.10 (1:30.06)		
3 #	323 Trejo E, Perla Al	W20 Ind	2:52.86	
	1:26.17 (1:26.17)	2:52.86 (1:26.70)		
4 #	73 Rincon G, Jaqueli	W23 Demons	3:08.54	
	1:25.55 (1:25.55)	3:08.54 (1:42.99)		

Femenil 5000 Metros Carrera Libre

Name	Age Team	Seed	Finals	Points
1 #	25 De la Cruz V, Mon	W26 Banco Azteca	22:22.99	
	49.13 (49.13)	2:28.89 (1:39.76)	4:14.67 (1:45.79)	6:05.46 (1:50.79)
	7:56.65 (1:51.19)	9:43.76 (1:47.12)	11:33.43 (1:49.67)	13:22.57 (1:49.15)
	15:16.26 (1:53.69)	17:06.22 (1:49.96)	18:54.69 (1:48.47)	20:45.94 (1:51.26)
	22:22.99 (1:37.06)			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 10000 Metros Carrera Libre**

Name	Age Team	Seed	Finals	Points
1 # 159 Garrido F, Leslie	W20 Ind		50:50.13	
1:38.82 (1:38.82)	3:26.60 (1:47.78)	5:17.26 (1:50.67)	7:11.39 (1:54.13)	
9:10.02 (1:58.64)	11:11.28 (2:01.26)	13:15.39 (2:04.12)	15:19.36 (2:03.97)	
17:21.09 (2:01.74)	19:26.41 (2:05.32)	20:07.55 (41.15)	21:33.25 (1:25.70)	
23:36.92 (2:03.68)	25:44.31 (2:07.39)	27:47.85 (2:03.55)	29:58.73 (2:10.89)	
32:09.08 (2:10.35)	34:20.00 (2:10.93)	36:24.11 (2:04.11)	38:26.54 (2:02.44)	
40:35.29 (2:08.76)	42:40.84 (2:05.55)	44:47.94 (2:07.11)	46:55.46 (2:07.53)	
50:50.13 (3:54.67)				

Femenil Impulso de Bala 4 kg Libre

Name	Age Team	Seed	Finals	Points
1 # 2 Aguilera M, Carol	W21 Atletec Cem		8.09m	
FOUL 7.05m 8.09m 7.22m FOUL 7.13m				
2 # 72 Reyes J, Jazmin	W22 Demons		7.70m	
7.58m 7.14m 7.70m 7.42m 7.04m 7.23m				
3 # 194 Pascual G, Samant	W19 Ind		3.88m	
FOUL 3.53m FOUL 3.88m FOUL 3.79m				

Femenil Lanzamiento de Jabalina 600 gr Libre

Name	Age Team	Seed	Finals	Points
1 # 2 Aguilera M, Carol	W21 Atletec Cem		26.36m	
26.36m FOUL 22.77m 24.01m 26.12m				

Femenil 100 Metros Planos 30-34

Name	Age Team	Seed	Finals	Points
1 # 89 Guadarrama M, Fab	W32 Edomex		14.28	
2 # 281 Rios B, Yessica R	W33 Sprint Healthy		14.97	
3 # 132 Barron B, Rocio	W30 Edomex		16.85	
4 # 36 Roman, Andrea	W34 Banco Azteca		17.41	
5 # 40 Victoria V, Adria	W33 Banco Azteca		18.71	

Femenil 200 Metros Planos 30-34

Name	Age Team	Seed	Finals	Points
1 # 281 Rios B, Yessica R	W33 Sprint Healthy		30.21	
2 # 58 Hernandez V, Moni	W31 Cuautli		31.35	
3 # 132 Barron B, Rocio	W30 Edomex		35.83	
4 # 195 Perez R, Ivonne N	W31 Ind		35.90	
5 # 36 Roman, Andrea	W34 Banco Azteca		37.78	
6 # 40 Victoria V, Adria	W33 Banco Azteca		39.39	

Femenil 400 Metros Planos 30-34

Name	Age Team	Seed	Finals	Points
1 # 89 Guadarrama M, Fab	W32 Edomex		1:07.25	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Femenil 400 Metros Planos 30-34**

2 #	58 Hernandez V, Moni	W31 Cuautli	1:09.08
3 #	22 Bravo M, Daniela	W30 Banco Azteca	1:10.58
4 #	195 Perez R, Ivonne	N W31 Ind	1:30.34

Femenil 800 Metros Carrera 30-34

Name	Age Team	Seed	Finals	Points
1 #	280 Garcia R, Alejand	W30 Sprint Healthy	2:46.40	
	1:18.71 (1:18.71)	2:46.40 (1:27.70)		

Femenil 1500 Metros Carrera 30-34

Name	Age Team	Seed	Finals	Points
1 #	280 Garcia R, Alejand	W30 Sprint Healthy	5:35.72	
	1:00.97 (1:00.97)	2:31.25 (1:30.28)	4:06.53 (1:35.29)	5:35.72 (1:29.19)
2 #	22 Bravo M, Daniela	W30 Banco Azteca	5:42.25	
	1:01.55 (1:01.55)	2:31.92 (1:30.37)	4:09.41 (1:37.50)	

Femenil 3000 Metros Carrera 30-34

Name	Age Team	Seed	Finals	Points
1 #	306 Sinecio S, Dayan	W31 Tultepec	13:04.79	

Femenil 5000 Metros Carrera 30-34

Name	Age Team	Seed	Finals	Points
1 #	306 Sinecio S, Dayan	W31 Tultepec	22:30.26	
	51.76 (51.76)	2:37.06 (1:45.30)	4:23.28 (1:46.22)	6:09.74 (1:46.47)
	7:58.31 (1:48.57)	9:46.23 (1:47.92)	11:36.86 (1:50.64)	13:28.88 (1:52.03)
	15:21.57 (1:52.70)	17:13.49 (1:51.92)	19:05.17 (1:51.68)	20:53.77 (1:48.61)
	22:30.26 (1:36.49)			

Femenil 100 Metros Planos 35-39

Name	Age Team	Seed	Finals	Points
1 #	131 Antunez S, Alejan	W37 Ind	14.07	

Femenil 200 Metros Planos 35-39

Name	Age Team	Seed	Finals	Points
1 #	131 Antunez S, Alejan	W37 Ind	30.34	
2 #	154 Fuentes H, Mildre	W39 Oaxaca	30.67	

Femenil 400 Metros Planos 35-39

Name	Age Team	Seed	Finals	Points
1 #	83 Cachu A, Elizabet	W35 Edomex	1:11.47	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 800 Metros Carrera 35-39**

Name	Age Team	Seed	Finals	Points
1 # 154 Fuentes H, Mildre	W39 Oaxaca		2:44.70	
1:20.18 (1:20.18)	2:44.70 (1:24.52)			
2 # 83 Cachu A, Elizabet	W35 Edomex		2:50.48	
1:23.89 (1:23.89)	2:50.48 (1:26.59)			
3 # 109 Tovar C, Sheila P	W37 Edomex		3:07.14	
1:28.78 (1:28.78)	3:07.14 (1:38.37)			

Femenil 1500 Metros Carrera 35-39

Name	Age Team	Seed	Finals	Points
1 # 302 Mendiola P, Maria	W35 Tultepec		6:41.68	
1:12.67 (1:12.67)	3:00.37 (1:47.70)	4:54.51 (1:54.15)		

Femenil 5000 Metros Carrera 35-39

Name	Age Team	Seed	Finals	Points
1 # 109 Tovar C, Sheila P	W37 Edomex		24:33.16	
52.85 (52.85)	2:40.73 (1:47.89)	4:33.32 (1:52.59)	6:30.83 (1:57.52)	
8:30.77 (1:59.94)	10:30.17 (1:59.41)	12:25.91 (1:55.74)	14:22.91 (1:57.01)	
16:23.75 (2:00.84)	18:27.00 (2:03.26)	20:31.16 (2:04.17)	22:34.87 (2:03.71)	
24:33.16 (1:58.29)				
2 # 302 Mendiola P, Maria	W35 Tultepec		25:10.53	
52.49 (52.49)	2:41.52 (1:49.04)	4:37.29 (1:55.77)	6:36.95 (1:59.67)	
8:37.99 (2:01.04)	10:43.42 (2:05.44)	12:46.65 (2:03.24)	14:50.61 (2:03.96)	
16:56.42 (2:05.82)	19:01.95 (2:05.54)	21:08.53 (2:06.59)	23:13.34 (2:04.81)	
25:10.53 (1:57.19)				

Femenil Lanzamiento de Disco 1 kg 35-39

Name	Age Team	Seed	Finals	Points
1 # 134 Bibiano A, Paola	W35 Ind		10.91m	
10.32m 10.13m FOUL 10.37m 10.91m 10.32m				

Femenil Lanzamiento de Jabalina 600 gr 35-39

Name	Age Team	Seed	Finals	Points
1 # 134 Bibiano A, Paola	W35 Ind		9.68m	
FOUL 9.37m 9.66m 9.20m 9.68m				

Femenil 100 Metros Planos 40-44

Name	Age Team	Seed	Finals	Points
1 # 201 Ramirez M, Carla	W41 Ind		14.13	
2 # 224 Vargas N, Perla	W40 Ind		15.08	
3 # 184 Medrano *, Kennya	W40 Ind		15.52	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 200 Metros Planos 40-44**

Name	Age Team	Seed	Finals	Points
1 # 224 Vargas N, Perla	W40 Ind		31.21	
2 # 184 Medrano *, Kennya	W40 Ind		32.84	
3 # 57 Hernandez V, Erik	W40 Cuautli		33.86	

Femenil 400 Metros Planos 40-44

Name	Age Team	Seed	Finals	Points
1 # 57 Hernandez V, Erik	W40 Cuautli		1:17.38	
2 # 133 Bautista V, Jenny	W43 Ind		1:24.89	

Femenil 800 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 103 Poblano G, Neyra	W41 Edomex		2:54.97	
1:22.81 (1:22.81)	2:54.97 (1:32.17)			

Femenil 1500 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 152 Garcia R, Africa	W42 Ind		6:07.94	
1:03.24 (1:03.24)	2:42.23 (1:38.99)	4:28.80 (1:46.58)		
2 # 181 Marin G, Patricia	W43 Ind		6:11.55	
1:06.02 (1:06.02)	2:47.25 (1:41.24)	4:32.81 (1:45.56)		

Femenil 5000 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 103 Poblano G, Neyra	W41 Edomex		21:52.32	
48.84 (48.84)	2:28.44 (1:39.61)	4:10.85 (1:42.41)	5:55.31 (1:44.47)	
7:42.43 (1:47.12)	9:29.53 (1:47.11)	11:17.55 (1:48.02)	13:06.04 (1:48.50)	
14:55.04 (1:49.00)	16:44.14 (1:49.11)	18:32.31 (1:48.18)	20:10.78 (1:38.48)	
21:52.32 (1:41.54)				
2 # 152 Garcia R, Africa	W42 Ind		22:01.68	
48.53 (48.53)	2:28.15 (1:39.62)	4:10.59 (1:42.45)	5:55.12 (1:44.54)	
7:41.90 (1:46.78)	9:29.25 (1:47.36)	11:17.23 (1:47.98)	13:05.84 (1:48.62)	
14:54.77 (1:48.93)	16:43.85 (1:49.08)	18:32.25 (1:48.40)	20:16.71 (1:44.47)	
22:01.68 (1:44.97)				
3 # 181 Marin G, Patricia	W43 Ind		22:05.38	
48.16 (48.16)	2:28.08 (1:39.92)	4:10.34 (1:42.27)	5:54.94 (1:44.60)	
7:42.22 (1:47.28)	9:29.40 (1:47.18)	11:17.47 (1:48.08)	13:05.98 (1:48.51)	
14:54.90 (1:48.92)	16:44.00 (1:49.11)	18:32.43 (1:48.43)	20:17.96 (1:45.54)	
22:05.38 (1:47.42)				
4 # 28 Herrnandez, Maria	W40 Banco Azteca		28:18.82	
53.05 (53.05)	2:48.92 (1:55.87)	4:54.57 (2:05.66)	7:06.14 (2:11.57)	
9:22.15 (2:16.02)	11:39.10 (2:16.95)	14:05.65 (2:26.56)	16:26.14 (2:20.50)	
18:46.81 (2:20.67)	21:10.82 (2:24.01)	23:36.96 (2:26.14)	25:58.85 (2:21.89)	
28:18.82 (2:19.98)				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 10000 Metros Carrera 40-44**

Name	Age Team	Seed	Finals	Points
1 # 133 Bautista V, Jenny	W43 Ind		54:39.65	
1:57.81 (1:57.81)	4:00.40 (2:02.59)	6:04.60 (2:04.20)	8:10.56 (2:05.97)	
10:18.16 (2:07.61)	12:27.30 (2:09.15)	14:36.14 (2:08.84)	16:44.70 (2:08.56)	
18:57.58 (2:12.89)	21:10.47 (2:12.89)	23:25.58 (2:15.11)	25:38.61 (2:13.04)	
27:53.03 (2:14.42)	30:10.84 (2:17.81)	32:24.73 (2:13.90)	34:44.55 (2:19.83)	
36:55.53 (2:10.99)	39:11.08 (2:15.55)	41:28.50 (2:17.43)	43:42.07 (2:13.58)	
45:56.50 (2:14.44)	48:11.81 (2:15.31)	50:28.61 (2:16.81)	52:44.58 (2:15.97)	
54:39.65 (1:55.07)				

Femenil Impulso de Bala 4 kg 40-44

Name	Age Team	Seed	Finals	Points
1 # 156 Garcia C, Grisell	W40 Ind		7.97m	
7.23m 7.36m 7.97m 7.58m 7.19m 7.67m				
2 # 20 Alvarez A, Jessic	W42 Banco Azteca		7.37m	
6.98m 7.37m 6.75m 7.20m 7.05m 6.78m				

Femenil Lanzamiento de Disco 1 kg 40-44

Name	Age Team	Seed	Finals	Points
1 # 156 Garcia C, Grisell	W40 Ind		19.30m	
16.03m FOUL 19.05m 19.30m 17.29m 16.96m				
2 # 20 Alvarez A, Jessic	W42 Banco Azteca		16.43m	
FOUL 15.54m 16.04m 16.43m 15.38m FOUL				

Femenil 100 Metros Planos 45-49

Name	Age Team	Seed	Finals	Points
1 # 110 Vazquez S, Ana Pa	W46 Edomex		15.35	
2 # 164 Guerra V, Aida El	W47 Ind		17.01	

Femenil 400 Metros Planos 45-49

Name	Age Team	Seed	Finals	Points
1 # 329 Ocotlan I, Emma	W46 Edomex		1:09.55	
2 # 326 Silva C, Amelia	W46 Tultepec		1:17.28	

Femenil 800 Metros Carrera 45-49

Name	Age Team	Seed	Finals	Points
1 # 326 Silva C, Amelia	W46 Tultepec		3:01.03	
1:25.28 (1:25.28)	3:01.03 (1:35.76)			

Femenil 1500 Metros Carrera 45-49

Name	Age Team	Seed	Finals	Points
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1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Femenil 1500 Metros Carrera 45-49**

1 #	329 Ocotlan I, Emma	W46 Edomex				5:08.83
	1:00.53 (1:00.53)	2:24.21 (1:23.69)	3:49.19 (1:24.98)			
2 #	274 Arellano P, Maria	W45 Sprint Healthy				7:51.31
	1:11.51 (1:11.51)	3:14.42 (2:02.91)	5:30.34 (2:15.93)			
3 #	95 Lopez F, Yolanda	W49 Edomex				9:38.19
	1:39.46 (1:39.46)	4:11.56 (2:32.10)	6:53.11 (2:41.56)	9:38.19 (2:45.08)		

Femenil 3000 Metros Carrera 45-49

Name	Age Team	Seed	Finals	Points
1 # 95 Lopez F, Yolanda	W49 Edomex		17:04.14	

Femenil Impulso de Bala 4 kg 45-49

Name	Age Team	Seed	Finals	Points
1 # 216 Sanchez M, Norma	W48 Ind		6.12m	
	5.76m 6.02m 5.97m 5.75m 4.83m 6.12m			

Femenil Lanzamiento de Disco 1 kg 45-49

Name	Age Team	Seed	Finals	Points
1 # 216 Sanchez M, Norma	W48 Ind		19.13m	
	16.86m FOUL 15.83m 17.45m 19.13m 16.10m			

Femenil Super Weight 20 lb 45-49

Name	Age Team	Seed	Finals	Points
1 # 317 Guzman M, Violeta	W46 Cdmx		10.38m	
	FOUL FOUL 7.18m 10.38m FOUL 10.35m			
2 # 216 Sanchez M, Norma	W48 Ind		6.02m	
	5.25m 5.68m 6.02m 5.69m 5.69m 5.67m			

Femenil 3000 Metros Marcha 45-49

Name	Age Team	Seed	Finals	Points
1 # 255 Gonzalez V, Maria	W46 Marcha Olímpica		23:22.85	

Femenil 200 Metros Planos 50-54

Name	Age Team	Seed	Finals	Points
1 # 101 Ortiz A, Brenda K	W50 Edomex		34.87	

Femenil 400 Metros Planos 50-54

Name	Age Team	Seed	Finals	Points
1 # 101 Ortiz A, Brenda K	W50 Edomex		1:18.06	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil Impulso de Bala 3 kg 50-54**

Name	Age Team	Seed	Finals	Points
1 # 217 Soto M, Leonor	W50 Ind		7.33m	
FOUL 7.33m 6.96m 7.02m 7.22m 7.09m				

Femenil Lanzamiento de Disco 1 kg 50-54

Name	Age Team	Seed	Finals	Points
1 # 217 Soto M, Leonor	W50 Ind		18.83m	
15.61m 18.51m 17.01m 18.22m 17.63m 18.83m				
2 # 193 Osorio E, Ariana	W50 Ind		18.55m	
FOUL FOUL 18.55m 17.11m FOUL 14.34m				

Femenil Lanzamiento de Jabalina 500 gr 50-54

Name	Age Team	Seed	Finals	Points
1 # 193 Osorio E, Ariana	W50 Ind		16.60m	
16.60m FOUL 11.80m 13.95m 16.07m				
2 # 217 Soto M, Leonor	W50 Ind		14.95m	
13.62m 11.26m 13.00m 13.44m 14.95m				

Femenil Super Weight 16 lb 50-54

Name	Age Team	Seed	Finals	Points
1 # 200 Ramirez G, Maria	W53 Ind		6.51m	
5.98m FOUL 6.51m FOUL 5.11m FOUL				
2 # 217 Soto M, Leonor	W50 Ind		6.49m	
FOUL 5.32m 6.27m 6.30m 6.31m 6.49m				

Femenil 3000 Metros Marcha 50-54

Name	Age Team	Seed	Finals	Points
1 # 309 Guzman M, Irma	W73 Cdmx		21:53.06	
2 # 254 Flores L, Maximin	W50 Marcha Olímpica		23:01.19	
3 # 262 Santos A, Ana Lui	W51 Marcha Olímpica		23:01.30	
4 # 256 Gonzlaez V, Elvir	W53 Marcha Olímpica		23:22.89	
5 # 261 Rodrigez M, Merce	W53 Marcha Olímpica		23:47.20	

Femenil 5000 Metros Marcha 50-54

Name	Age Team	Seed	Finals	Points
1 # 256 Gonzlaez V, Elvir	W53 Marcha Olímpica		38:04.55	
38:04.55 (38:04.55)				
2 # 261 Rodrigez M, Merce	W53 Marcha Olímpica		40:23.97	
40:23.97 (40:23.97)				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 100 Metros Planos 55-59**

Name	Age Team	Seed	Finals	Points
1 # 219 Torres C, Sara	W55 Ind		15.63	
2 # 275 Bañalez O, Maria	W59 Sprint Healthy		16.88	

Femenil 200 Metros Planos 55-59

Name	Age Team	Seed	Finals	Points
1 # 173 Hurtado C, Ma.Jos	W56 Ind		32.15	
2 # 219 Torres C, Sara	W55 Ind		33.89	
3 # 275 Bañalez O, Maria	W59 Sprint Healthy		35.24	

Femenil 400 Metros Planos 55-59

Name	Age Team	Seed	Finals	Points
1 # 173 Hurtado C, Ma.Jos	W56 Ind		1:15.83	

Femenil Salto de Longitud 55-59

Name	Age Team	Seed	Finals	Points
1 # 173 Hurtado C, Ma.Jos	W56 Ind		3.54m	
2.52m 3.23m 3.49m 3.54m PASS PASS				

Femenil Salto Triple 55-59

Name	Age Team	Seed	Finals	Points
1 # 173 Hurtado C, Ma.Jos	W56 Ind		7.61m	
6.82m 6.97m 7.33m FOUL FOUL 7.61m				

Femenil 3000 Metros Marcha 55-59

Name	Age Team	Seed	Finals	Points
1 # 263 Soto Z, Luz Maria	W55 Marcha Olímpica		18:47.91	
2 # 257 Lopez V, Lilia	W55 Marcha Olímpica		24:42.98	

Femenil 5000 Metros Marcha 55-59

Name	Age Team	Seed	Finals	Points
1 # 263 Soto Z, Luz Maria	W55 Marcha Olímpica		30:50.48	
30:50.48 (30:50.48)				
2 # 251 Aguilar B, Elizab	W58 Marcha Olímpica		32:08.22	
32:08.22 (32:08.22)				
3 # 257 Lopez V, Lilia	W55 Marcha Olímpica		38:09.17	
38:09.17 (38:09.17)				
4 # 260 Reyez R, Beatriz	W59 Marcha Olímpica		39:20.12	
39:20.12 (39:20.12)				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 10000 Metros Marcha 55-59**

Name	Age Team	Seed	Finals	Points
1 # 263 Soto Z, Luz Maria	W55 Marcha Olímpica		1:02:45.86	

Femenil 100 Metros Planos 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		19.42	

Femenil 200 Metros Planos 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		41.00	

Femenil 400 Metros Planos 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		1:32.88	

Femenil 800 Metros Carrera 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		3:50.04	
	1:50.57 (1:50.57)	3:50.04 (1:59.47)		

Femenil 1500 Metros Carrera 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		7:53.86	
	1:24.67 (1:24.67)	3:28.63 (2:03.96)	5:41.26 (2:12.64)	

Femenil 3000 Metros Carrera 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		14:30.76	

Femenil Impulso de Bala 3 kg 60-64

Name	Age Team	Seed	Finals	Points
1 # 93 Lagunas R, Maria	W61 Edomex		7.79m	
	7.79m FOUL 7.51m FOUL 6.74m 6.93m			
2 # 185 Mejia D, Maria Is	W63 Ind		5.99m	
	5.99m FOUL 5.73m 5.78m 5.51m 5.45m			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil Lanzamiento de Disco 1 kg 60-64**

Name	Age Team	Seed	Finals	Points
1 # 93 Lagunas R, Maria	W61 Edomex		16.04m	
FOUL 14.24m FOUL FOUL FOUL			16.04m	
2 # 185 Mejia D, Maria Is	W63 Ind		12.46m	
11.65m 12.20m FOUL 12.16m FOUL			12.46m	

Femenil Lanzamiento de Jabalina 500 gr 60-64

Name	Age Team	Seed	Finals	Points
1 # 185 Mejia D, Maria Is	W63 Ind		11.49m	
11.49m 11.29m 11.28m				

Femenil Super Weight 12 lb 60-64

Name	Age Team	Seed	Finals	Points
1 # 93 Lagunas R, Maria	W61 Edomex		12.09m	
12.09m 12.02m 8.80m				
2 # 185 Mejia D, Maria Is	W63 Ind		7.52m	
6.20m FOUL 6.97m 6.71m 7.12m			7.52m	

Femenil 3000 Metros Marcha 60-64

Name	Age Team	Seed	Finals	Points
1 # 91 Hernandez V, Soni	W63 Edomex		24:00.62	

Femenil 100 Metros Planos 65-69

Name	Age Team	Seed	Finals	Points
1 # 142 Castillo C, Maria	W67 Ind		20.97	
2 # 136 Brito B, Eva Leti	W65 Ind		26.89	

Femenil 400 Metros Planos 65-69

Name	Age Team	Seed	Finals	Points
1 # 142 Castillo C, Maria	W67 Ind		1:39.96	

Femenil 1500 Metros Carrera 65-69

Name	Age Team	Seed	Finals	Points
1 # 231 Zavala G, Leticia	W67 Ind		6:42.26	
1:14.68 (1:14.68) 3:07.09 (1:52.41)		5:00.42 (1:53.34)		
2 # 142 Castillo C, Maria	W67 Ind		7:47.87	
1:27.00 (1:27.00) 3:35.58 (2:08.58)		5:46.96 (2:11.38)		

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 5000 Metros Carrera 65-69**

Name	Age Team	Seed	Finals	Points
1 # 231 Zavala G, Leticia	W67 Ind		24:21.09	
50.15 (50.15)	2:44.42 (1:54.28)	4:42.56 (1:58.14)	6:38.24 (1:55.68)	
8:36.33 (1:58.09)	10:35.29 (1:58.97)	12:35.94 (2:00.65)	14:34.93 (1:59.00)	
16:34.11 (1:59.18)	18:33.18 (1:59.07)	20:31.96 (1:58.79)	22:32.59 (2:00.63)	
24:21.09 (1:48.51)				

Femenil Salto Triple 65-69

Name	Age Team	Seed	Finals	Points
1 # 94 Ledesma V, Maria	W65 Edomex		6.82m	
FOUL 6.32m 6.82m 6.68m 6.76m 6.74m				

Femenil Impulso de Bala 3 kg 65-69

Name	Age Team	Seed	Finals	Points
1 # 94 Ledesma V, Maria	W65 Edomex		6.03m	
FOUL 5.80m FOUL 6.03m 5.97m 5.88m				
2 # 111 Viramontes R, Sil	W66 Edomex		5.75m	
4.99m 5.00m 4.96m 5.75m 4.76m 4.52m				

Femenil Super Weight 12 lb 65-69

Name	Age Team	Seed	Finals	Points
1 # 111 Viramontes R, Sil	W66 Edomex		6.11m	
5.26m 5.96m FOUL 5.60m 5.41m 6.11m				

Femenil 3000 Metros Marcha 65-69

Name	Age Team	Seed	Finals	Points
1 # 139 Campos B, Esperan	W66 Ind		24:52.22	

Femenil 5000 Metros Marcha 65-69

Name	Age Team	Seed	Finals	Points
1 # 139 Campos B, Esperan	W66 Ind		39:21.02	
39:21.02 (39:21.02)				

Femenil 100 Metros Planos 70-74

Name	Age Team	Seed	Finals	Points
1 # 169 Hernandez R, Alba	W70 Oaxaca		19.78	

Femenil 200 Metros Planos 70-74

Name	Age Team	Seed	Finals	Points
1 # 169 Hernandez R, Alba	W70 Oaxaca		41.44	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Femenil 10000 Metros Carrera 70-74**

Name	Age Team	Seed	Finals	Points
1 # 202 Ramirez R, Anabel	W70 Ind		1:22:07.00	

Femenil 3000 Metros Marcha 70-74

Name	Age Team	Seed	Finals	Points
1 # 313 Alvarado S, Marga	W70 Marcha Olímpica		30:40.28	

Femenil 4x100 Metros Relevos 30-39

Team	Seed	Finals	Points
1 Banco Azteca 'A'		1:04.10	
1) #22 Bravo M, Daniela 30	2) #36 Roman, Andrea 34		
3) #40 Victoria V, Adriana 33	4) #131 Antunez S, Alejandra Dayan		
2 Edomex 'A'		1:06.20	
1) #132 Barron B, Rocio 30	2) #103 Poblano G, Neyra Fabiola 4		
3) #101 Ortiz A, Brenda Katya 50	4) #83 Cachu A, Elizabeth 35		

Femenil 4x100 Metros Relevos 20.

Team	Seed	Finals	Points
1 Ened 'A'		54.43	
1) #153 Esparza M, Pamela 17	2) #159 Garrido F, Leslie Liliana		
3) #128 Vite H, Mireya 16	4) #177 Lopez D, Melanie 19		

Femenil 4x400 Metros Relevos 30-39.

Team	Seed	Finals	Points
1 Edomex 'A'		5:15.41	
1) #101 Ortiz A, Brenda Katya 50	2) #103 Poblano G, Neyra Fabiola 4		
3) #109 Tovar C, Sheila Paola 37	4) #329 Ocotlan I, Emma 46		

Femenil 4x100 Metros Relevos 18.

Team	Seed	Finals	Points
-- zst 'A'		DQ	
1) #50 Ososrio A, Alejandra 17	2) #44 Garcia P, Laura 16		
3) #46 Lara, Barbara 13	4) #42 Diaz G, Valentina 16		

Varonil 100 Metros Planos Sub 16

Name	Age Team	Seed	Finals	Points
1 # 119 Garcia A, Santiag	M14 Ignacio Renteria BJ		12.41	
2 # 266 Bautista, Andres	M14 Metepec Edomex		14.07	
3 # 286 Valerio, Jose	M12 Tortugas Metepec		16.01	
-- # 236 De Jesus Z, Jonat	M15 Lagartos		DQ	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 200 Metros Planos Sub 16**

Name	Age Team	Seed	Finals	Points
1 # 236 De Jesus Z, Jonat	M15 Lagartos		25.31	
2 # 218 Tapia R, Iker Has	M13 Ind		26.62	

Varonil 400 Metros Planos Sub 16

Name	Age Team	Seed	Finals	Points
1 # 119 Garcia A, Santiag	M14 Ignacio Renteria BJ		56.64	
2 # 218 Tapia R, Iker Has	M13 Ind		1:00.68	
3 # 291 Valerio, Jose Fra	M12 Tortugas Metepec		1:16.28	

Varonil 800 Metros Carrera Sub 16

Name	Age Team	Seed	Finals	Points
1 # 227 Velazquez M, Hora	M15 Ind		2:33.92	
1:14.76 (1:14.76)	2:33.92 (1:19.16)			

Varonil 1500 Metros Carrera Sub 16

Name	Age Team	Seed	Finals	Points
1 # 294 Castro C, Humbert	M33 Tultepec		5:00.85	
1:01.55 (1:01.55)	2:24.00 (1:22.45)	3:48.23 (1:24.24)	5:00.85 (1:12.62)	
2 # 227 Velazquez M, Hora	M15 Ind		5:00.93	
1:01.49 (1:01.49)	2:23.79 (1:22.30)	3:48.21 (1:24.43)	5:00.93 (1:12.72)	

Varonil Salto de Longitud Sub 16

Name	Age Team	Seed	Finals	Points
1 # 203 Ramirez R, Emilio	M14 Ind		4.49m	
4.13m 4.04m 4.19m 4.22m 4.33m 4.49m				

Varonil Impulso de Bala 8 lb Sub 16

Name	Age Team	Seed	Finals	Points
1 # 116 Alfaro C, Jonatha	M13 Ignacio Renteria BJ		7.10m	
FOUL 5.79m 6.38m 6.75m 7.03m 7.10m				
2 # 115 Alcantara R, Juan	M15 Ignacio Renteria BJ		5.67m	
FOUL FOUL 5.40m 5.61m 5.67m FOUL				

Varonil Lanzamiento de Disco 1 kg Sub 16

Name	Age Team	Seed	Finals	Points
1 # 116 Alfaro C, Jonatha	M13 Ignacio Renteria BJ		16.01m	
14.66m 16.01m 15.78m				
2 # 115 Alcantara R, Juan	M15 Ignacio Renteria BJ		15.17m	
13.87m 15.17m FOUL				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 100 Metros Planos Sub 18**

Name	Age Team	Seed	Finals	Points
1 # 125 Sánchez G, Bruno	M17 Ignacio Renteria BJ		12.41	
2 # 70 Ramirez V, Andres	M16 Demons		12.60	
3 # 319 Reynoso H, Aaron	M16 Semp Runner		12.80	
4 # 244 Resendiz O, Rodri	M16 Lagartos		12.89	
5 # 53 Castaneda G, Maur	M17 Cuautli		16.51	

Varonil 200 Metros Planos Sub 18

Name	Age Team	Seed	Finals	Points
1 # 70 Ramirez V, Andres	M16 Demons		25.89	
2 # 244 Resendiz O, Rodri	M16 Lagartos		27.02	
3 # 53 Castaneda G, Maur	M17 Cuautli		37.92	

Varonil 400 Metros Planos Sub 18

Name	Age Team	Seed	Finals	Points
1 # 212 Saavedra A, Jose	M16 Ind		53.92	
2 # 331 Del Moral C, Sant	M16 Semp Runner		55.55	
3 # 232 Acosta V, Gael	M15 Lagartos		55.70	
4 # 238 Garcia A, Sebasti	M16 Lagartos		59.20	

Varonil 800 Metros Carrera Sub 18

Name	Age Team	Seed	Finals	Points
1 # 212 Saavedra A, Jose	M16 Ind		2:14.26	
1:07.67 (1:07.67)	2:14.26 (1:06.60)			
2 # 227 Velazquez M, Hora	M15 Ind		2:33.92	
1:14.76 (1:14.76)	2:33.92 (1:19.16)			

Varonil 1500 Metros Carrera Sub 18

Name	Age Team	Seed	Finals	Points
1 # 331 Del Moral C, Sant	M16 Semp Runner		4:27.97	
57.76 (57.76)	2:11.41 (1:13.66)	3:24.19 (1:12.79)		4:27.97
2 # 297 Emanuel T, Carlos	M17 Tultepec		4:31.38	
58.55 (58.55)	2:11.65 (1:13.10)	3:24.39 (1:12.74)	4:31.38 (1:06.99)	
3 # 227 Velazquez M, Hora	M15 Ind		5:00.93	
1:01.49 (1:01.49)	2:23.79 (1:22.30)	3:48.21 (1:24.43)	5:00.93 (1:12.72)	

Varonil 3000 Metros Carrera Sub 18

Name	Age Team	Seed	Finals	Points
1 # 297 Emanuel T, Carlos	M17 Tultepec		10:02.28	
2 # 292 Barrera R, Angel	M17 Tultepec		11:33.87	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil Impulso de Bala 5 kg Sub 18**

Name	Age Team	Seed	Finals	Points
1 # 145 Cisneros M, Ithel	M16 Ind		7.83m	
6.63m 7.25m 7.52m 7.83m FOUL FOUL				

Varonil Lanzamiento de Disco 1.5 kg Sub 18

Name	Age Team	Seed	Finals	Points
1 # 145 Cisneros M, Ithel	M16 Ind		22.14m	
21.43m 22.14m FOUL				
2 # 127 Vazquez M, Einar	M15 Ignacio Renteria BJ		21.44m	
20.45m 21.44m 20.42m				

Varonil Lanzamiento de Jabalina 700 gr Sub 18

Name	Age Team	Seed	Finals	Points
1 # 127 Vazquez M, Einar	M15 Ignacio Renteria BJ		25.79m	
22.73m 24.50m 25.79m				

Varonil 3000 Metros Marcha Sub 18

Name	Age Team	Seed	Finals	Points
1 # 264 Torres M, Adrián	M17 Marcha Olímpica		19:06.57	

Varonil 5000 Metros Marcha Sub 18

Name	Age Team	Seed	Finals	Points
1 # 264 Torres M, Adrián	M17 Marcha Olímpica		31:42.51	
31:42.51 (31:42.51)				

Varonil 100 Metros Planos Sub 20

Name	Age Team	Seed	Finals	Points
1 # 121 Gonzalez V, Orlan	M19 Ignacio Renteria BJ		11.59	
2 # 175 Irineo S, Fernand	M18 Ind		11.82	
3 # 123 Mungia A, Caleb A	M18 Ignacio Renteria BJ		11.94	
4 # 310 Lagunilla B, Omar	M19 Ened		12.20	
5 # 242 Orozco G, Erik Da	M18 Lagartos		12.26	
6 # 300 Graniel G, Luis E	M18 Tultepec		12.47	

Varonil 200 Metros Planos Sub 20

Name	Age Team	Seed	Finals	Points
1 # 123 Mungia A, Caleb A	M18 Ignacio Renteria BJ		24.76	
2 # 242 Orozco G, Erik Da	M18 Lagartos		24.97	
3 # 157 Garcia M, Josue	M17 Ind		25.91	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 400 Metros Planos Sub 20**

Name	Age Team	Seed	Finals	H#	Points
1 # 223 Vargas B, Isaac A	M19 Ind		52.28	1	
2 # 175 Irineo S, Fernand	M18 Ind		54.49	2	
3 # 310 Lagunilla B, Omar	M19 Ened		54.76	2	
4 # 180 Luna H, Arath	M18 Ind		54.80	1	
5 # 188 Miranda C, Victor	M18 Ind		57.28	1	
6 # 157 Garcia M, Josue	M17 Ind		58.72	1	
7 # 330 Romero F, Omar Al	M18 Banorte - Zst		1:00.00	2	

Varonil 800 Metros Carrera Sub 20

Name	Age Team	Seed	Finals	Points
1 # 180 Luna H, Arath	M18 Ind		2:12.07	
1:06.66 (1:06.66)	2:12.07 (1:05.41)			
2 # 122 Miranda G, Gabrie	M18 Ignacio Renteria BJ		2:12.96	
1:07.32 (1:07.32)	2:12.96 (1:05.64)			
3 # 12 Leonardo M, Yael	M19 Atletec Cem		2:13.59	
1:06.64 (1:06.64)	2:13.59 (1:06.96)			
4 # 188 Miranda C, Victor	M18 Ind		2:14.67	
1:06.34 (1:06.34)	2:14.67 (1:08.34)			

Varonil 1500 Metros Carrera Sub 20

Name	Age Team	Seed	Finals	Points
1 # 12 Leonardo M, Yael	M19 Atletec Cem		4:49.04	
59.20 (59.20)	2:14.63 (1:15.44)	3:34.29 (1:19.67)	4:49.04 (1:14.75)	
2 # 330 Romero F, Omar Al	M18 Banorte - Zst		5:18.73	
1:00.65 (1:00.65)	2:26.75 (1:26.10)	3:58.50 (1:31.76)	5:18.73 (1:20.24)	

Varonil Impulso de Bala 6 kg Sub 20

Name	Age Team	Seed	Finals	Points
1 # 287 Carrilo C, Mario	M18 Tortugas Metepec		12.16m	
FOUL FOUL FOUL FOUL	12.16m 11.60m			
2 # 10 Gonzalez G, Carlo	M19 Atletec Cem		9.23m	
8.93m 9.23m 8.93m 9.08m	FOUL 9.10m			

Varonil Lanzamiento de Disco 1.75 kg Sub 20

Name	Age Team	Seed	Finals	Points
1 # 287 Carrilo C, Mario	M18 Tortugas Metepec		31.53m	
31.53m 29.78m FOUL				

Varonil Lanzamiento de Jabalina 800 gr Sub 20

Name	Age Team	Seed	Finals	Points
1 # 10 Gonzalez G, Carlo	M19 Atletec Cem		38.31m	
37.49m 35.99m 38.31m				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Varonil Lanzamiento de Jabalina 800 gr Sub 20**

2 # 310 Lagunilla B, Omar M19 Ened 33.73m
 24.98m 33.73m 29.58m

Varonil 100 Metros Planos Libre

Name	Age Team	Seed	Finals	H#	Points
1 # 69 Ponce Otero O, Ch M27 Demons			11.11	3	
2 # 63 Galindo J, Daniel M23 Demons			11.55	3	
3 # 240 Maya L, Emilano A M20 Lagartos			11.66	2	
4 # 246 Sotero R, Jonatha M24 Lagartos			11.82	2	
5 # 250 Zuñiga A, Victor M22 Lagartos			11.92	2	
6 # 71 Ramirez V, Erick M21 Demons			12.21	3	
7 # 279 Cruz H, Fidel Ehe M21 Sprint Healthy			12.22	2	
8 # 76 Solis T, Camilo O M20 Demons			12.51	1	
9 # 312 Sanchez E, Pedro M22 Ened			12.59	1	
10 # 54 Escamilla S, Edua M21 Cuautli			13.38	2	
11 # 62 Echeverria V, Ric M26 Demons			13.50	1	
12 # 67 Juarez R, Israel M21 Demons			13.68	1	
13 # 324 Rivera S, Diego M27 Ind			13.85	3	
14 # 186 Mendez M, Alan Ma M24 Ind			14.14	2	

Varonil 200 Metros Planos Libre

Name	Age Team	Seed	Finals	H#	Points
1 # 63 Galindo J, Daniel M23 Demons			23.26	2	
2 # 140 Campuzano P, Luis M23 Ind			23.57	1	
3 # 250 Zuñiga A, Victor M22 Lagartos			24.33	2	
4 # 246 Sotero R, Jonatha M24 Lagartos			24.34	3	
5 # 240 Maya L, Emilano A M20 Lagartos			24.40	1	
6 # 15 Muñoz O, Julian G M22 Atletec Cem			24.60	1	
7 # 279 Cruz H, Fidel Ehe M21 Sprint Healthy			24.77	3	
8 # 71 Ramirez V, Erick M21 Demons			24.99	3	
9 # 76 Solis T, Camilo O M20 Demons			25.13	1	
10 # 167 Hernandez E, Jose M27 Ind			25.57	1	
11 # 146 Cuellar G, Jose A M29 Ind			27.06	2	
12 # 54 Escamilla S, Edua M21 Cuautli			27.27	2	
13 # 62 Echeverria V, Ric M26 Demons			27.81	1	
14 # 67 Juarez R, Israel M21 Demons			28.80	2	
15 # 324 Rivera S, Diego M27 Ind			30.20	2	

Varonil 400 Metros Planos Libre

Name	Age Team	Seed	Finals	H#	Points
1 # 69 Ponce Otero O, Ch M27 Demons			49.54	1	
2 # 3 Barranco B, Mauri M22 Atletec Cem			52.10	2	
3 # 63 Galindo J, Daniel M23 Demons			53.06	1	
4 # 15 Muñoz O, Julian G M22 Atletec Cem			56.07	1	
5 # 312 Sanchez E, Pedro M22 Ened			57.31	2	
6 # 205 Rangel R, Carlos M21 Ind			59.77	2	
7 # 65 Hernandez C, Axel M20 Demons			1:00.36	1	
8 # 56 Estrada J, Christ M27 Cuautli			1:00.66	1	
9 # 182 Marin L, Jose Mar M25 Ind			1:05.31	1	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Varonil 400 Metros Planos Libre**

10 #	176 Lira S, Jose De J	M22 Ind	1:10.97	2
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Varonil 800 Metros Carrera Libre

Name	Age	Team	Seed	Finals	Points
1 #	13 Lopez N, Erick	Fe M20 Atletec Cem		2:00.05	
	1:00.03 (1:00.03)	2:00.05 (1:00.03)			
2 #	4 Canto A, Marco	Ur M21 Atletec Cem		2:02.21	
	59.66 (59.66)	2:02.21 (1:02.56)			
3 #	69 Ponce Otero O, Ch	M27 Demons		2:04.11	
	56.87 (56.87)	2:04.11 (1:07.24)			
4 #	5 Canton K, David	M21 Atletec Cem		2:11.66	
	1:01.92 (1:01.92)	2:11.66 (1:09.75)			
5 #	19 Zarate M, Carlos	M22 Atletec Cem		2:17.89	
	1:04.03 (1:04.03)	2:17.89 (1:13.86)			
6 #	66 Huerta R, Eduardo	M22 Demons		2:18.05	
	1:06.19 (1:06.19)	2:18.05 (1:11.87)			
7 #	84 Coroy C, Ernesto	M22 Edomex		2:22.89	
	1:06.04 (1:06.04)	2:22.89 (1:16.86)			
8 #	56 Estrada J, Christ	M27 Cuautli		2:29.54	
	1:06.61 (1:06.61)	2:29.54 (1:22.93)			
9 #	65 Hernandez C, Axel	M20 Demons		2:32.16	
	1:10.86 (1:10.86)	2:32.16 (1:21.30)			

Varonil 1500 Metros Carrera Libre

Name	Age	Team	Seed	Finals	Points
1 #	5 Canton K, David	M21 Atletec Cem		4:41.84	
	58.74 (58.74)	2:11.60 (1:12.86)	3:25.96 (1:14.37)	4:41.84 (1:15.88)	
2 #	293 Barrera R, Franci	M53 Tultepec		4:47.29	
	58.85 (58.85)	2:16.43 (1:17.58)	3:33.36 (1:16.93)	4:47.29 (1:13.94)	
3 #	19 Zarate M, Carlos	M22 Atletec Cem		4:49.07	
	58.41 (58.41)	2:12.50 (1:14.09)	3:30.11 (1:17.61)	4:49.07 (1:18.97)	
4 #	38 Vazquez J, Luis F	M29 Banco Azteca		4:53.93	
	59.37 (59.37)	2:17.17 (1:17.81)	3:37.83 (1:20.67)	4:53.93 (1:16.10)	
5 #	241 Olivar R, Alan	M29 Lagartos		5:00.77	
	58.07 (58.07)	2:14.91 (1:16.84)	3:39.32 (1:24.41)	5:00.77 (1:21.46)	
6 #	66 Huerta R, Eduardo	M22 Demons		5:02.13	
	1:01.00 (1:01.00)	2:17.59 (1:16.60)	3:39.81 (1:22.23)	5:02.13 (1:22.32)	
7 #	283 Sanchez V, Pedro	M28 Sprint Healthy		5:21.14	
	59.54 (59.54)	2:16.29 (1:16.75)	3:44.92 (1:28.64)	5:21.14 (1:36.22)	

Varonil 5000 Metros Carrera Libre

Name	Age	Team	Seed	Finals	Points
1 #	293 Barrera R, Franci	M53 Tultepec		16:25.85	
	39.06 (39.06)	1:59.79 (1:20.74)	3:22.56 (1:22.77)	4:40.59 (1:18.04)	
	5:59.24 (1:18.66)	7:19.40 (1:20.16)	8:41.15 (1:21.76)	10:01.19 (1:20.04)	
	11:20.88 (1:19.70)	12:39.77 (1:18.89)	13:56.45 (1:16.69)	15:12.58 (1:16.13)	
	16:25.85 (1:13.27)				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Varonil 5000 Metros Carrera Libre**

2 #	124 Córdova F, Juan R	M23 Ignacio Renteria BJ				17:01.03
	39.88 (39.88)	2:02.14 (1:22.26)	3:24.42 (1:22.29)	4:42.98 (1:18.57)		
	6:03.68 (1:20.70)	7:24.46 (1:20.78)	8:46.21 (1:21.76)	10:09.13 (1:22.93)		
	11:30.57 (1:21.45)	12:55.81 (1:25.24)	14:20.49 (1:24.68)	15:42.19 (1:21.71)		
	17:01.03 (1:18.84)					
3 #	84 Coroy C, Ernesto	M22 Edomex				18:28.49
	41.07 (41.07)	2:03.56 (1:22.49)	3:26.33 (1:22.78)	4:48.92 (1:22.59)		
	6:15.32 (1:26.40)	7:42.46 (1:27.14)	9:12.01 (1:29.56)	10:42.81 (1:30.80)		
	12:16.27 (1:33.46)	13:50.12 (1:33.86)	15:26.01 (1:35.89)	17:02.40 (1:36.40)		
	18:28.49 (1:26.09)					
4 #	38 Vazquez J, Luis F	M29 Banco Azteca				18:57.19
	41.57 (41.57)	2:04.64 (1:23.08)	3:31.93 (1:27.30)	5:01.98 (1:30.05)		
	6:31.36 (1:29.38)	8:00.87 (1:29.51)	9:34.04 (1:33.18)	11:09.09 (1:35.05)		
	12:42.60 (1:33.52)	14:19.98 (1:37.39)	15:55.18 (1:35.20)	17:28.83 (1:33.66)		
	18:57.19 (1:28.36)					
-- #	283 Sanchez V, Pedro	M28 Sprint Healthy				DNF
	43.19 (43.19)	2:08.17 (1:24.99)	3:35.93 (1:27.76)			

Varonil 10000 Metros Carrera Libre

Name	Age Team	Seed	Finals	Points
1 # 307 Urban G, Leonardo	M26 Tultepec		35:49.77	
2 # 176 Lira S, Jose De J	M22 Ind		45:43.95	

Varonil Salto de Longitud Libre

Name	Age Team	Seed	Finals	Points
1 # 312 Sanchez E, Pedro	M22 Ened		5.23m	
	5.23m FOUL 5.00m 4.90m 4.98m			
2 # 186 Mendez M, Alan Ma	M24 Ind		2.85m	
	2.85m 2.61m 2.84m 2.69m 2.82m 2.53m			

Varonil Salto Triple Libre

Name	Age Team	Seed	Finals	Points
1 # 182 Marin L, Jose Mar	M25 Ind		9.41m	
	9.29m 9.31m 9.41m FOUL 9.02m 7.85m			

Varonil Lanzamiento de Disco 2 kg Libre

Name	Age Team	Seed	Finals	Points
1 # 229 Viveros R, Angel	M26 Ind		18.15m	
	18.15m 16.98m 16.08m			
2 # 120 Garduño G, Eduard	M21 Ignacio Renteria BJ		16.23m	
	16.23m FOUL FOUL			
3 # 167 Hernandez E, Jose	M27 Ind		15.92m	
	15.92m 13.97m FOUL			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil Lanzamiento de Jabalina 800 gr Libre**

Name	Age Team	Seed	Finals	Points
1 # 120 Garduño G, Eduard	M21 Ignacio Renteria BJ		29.90m	
			29.24m 29.90m	FOUL
2 # 229 Viveros R, Angel	M26 Ind		17.35m	
			14.96m 14.57m	17.35m

Varonil 100 Metros Planos 30-34

Name	Age Team	Seed	Finals	H#	Points
1 # 235 Colin A, Eder Alo	M34 Lagartos		11.61	1	
2 # 113 Escudero M, Crist	M29 Ind		12.08	1	
3 # 141 Carbajal M, Luis	M31 Ind		12.79	1	
4 # 162 Gonzalez N, Chris	M32 Ind		14.24	1	
5 # 149 De La Rosa S, Jes	M31 Ind		15.10	2	
6 # 30 Luna M, Eduardo D	M31 Banco Azteca		15.35	1	
7 # 23 Brito, David	M33 Banco Azteca		28.58	2	

Varonil 200 Metros Planos 30-34

Name	Age Team	Seed	Finals	H#	Points
1 # 235 Colin A, Eder Alo	M34 Lagartos		24.00	1	
2 # 113 Escudero M, Crist	M29 Ind		24.52	2	
3 # 178 Lopez G, Yamil	M34 Ind		25.56	1	
4 # 141 Carbajal M, Luis	M31 Ind		25.98	1	
5 # 196 Perez R, Jose Jua	M30 Ind		29.68	1	
6 # 30 Luna M, Eduardo D	M31 Banco Azteca		30.94	1	
7 # 23 Brito, David	M33 Banco Azteca		35.09	2	

Varonil 400 Metros Planos 30-34

Name	Age Team	Seed	Finals	Points
1 # 178 Lopez G, Yamil	M34 Ind		57.89	
2 # 196 Perez R, Jose Jua	M30 Ind		1:08.19	

Varonil 3000 Metros Carrera 30-34

Name	Age Team	Seed	Finals	Points
1 # 294 Castro C, Humbert	M33 Tultepec		11:11.18	

Varonil Salto de Longitud 30-34

Name	Age Team	Seed	Finals	Points
1 # 149 De La Rosa S, Jes	M31 Ind		3.69m	
			3.30m FOUL 3.69m 3.39m 3.59m	FOUL

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil Impulso de Bala 7.26 kg 30-34**

Name	Age Team	Seed	Finals	Points
1 # 99 Millan L, Michel	M33 Edomex		12.53m	
11.54m FOUL FOUL	12.53m FOUL FOUL			
2 # 85 De La Cruz C, Gam	M33 Edomex		8.16m	
8.16m 7.95m 8.03m	7.38m 8.15m FOUL			
3 # 118 Cedillo R, Alejan	M32 Ignacio Renteria BJ		7.52m	
6.00m 7.52m 7.27m	6.01m 7.49m 6.76m			
4 # 162 Gonzalez N, Chris	M32 Ind		7.01m	
5.85m 6.38m 4.60m	FOUL 6.39m 7.01m			

Varonil Lanzamiento de Disco 2 kg 30-34

Name	Age Team	Seed	Finals	Points
1 # 99 Millan L, Michel	M33 Edomex		42.72m	
FOUL 40.77m 42.72m				
2 # 98 Millan L, Angel D	M30 Edomex		33.50m	
29.73m 33.50m FOUL				
3 # 85 De La Cruz C, Gam	M33 Edomex		25.53m	
FOUL FOUL 25.53m				
4 # 118 Cedillo R, Alejan	M32 Ignacio Renteria BJ		23.67m	
21.50m 17.84m 23.67m				
5 # 308 Velazquez R, Rica	M31 Tultepec		23.53m	
23.53m FOUL PASS				

Varonil Lanzamiento de Jabalina 800 gr 30-34

Name	Age Team	Seed	Finals	Points
1 # 98 Millan L, Angel D	M30 Edomex		39.19m	
39.19m x				
2 # 308 Velazquez R, Rica	M31 Tultepec		23.76m	
23.76m x				

Varonil Super Weight 35 lb 30-34

Name	Age Team	Seed	Finals	Points
1 # 99 Millan L, Michel	M33 Edomex		17.88m	
16.41m FOUL 16.43m	17.88m 16.95m 16.92m			
2 # 98 Millan L, Angel D	M30 Edomex		14.18m	
13.89m 13.94m 12.92m	FOUL 14.18m 13.58m			

Varonil 100 Metros Planos 35-39

Name	Age Team	Seed	Finals	Points
1 # 285 Vallejo C, Eliot	M39 Sprint Healthy		11.61	

Varonil 200 Metros Planos 35-39

Name	Age Team	Seed	Finals	Points
1 # 285 Vallejo C, Eliot	M39 Sprint Healthy		24.21	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 800 Metros Carrera 35-39**

Name	Age Team	Seed	Finals	Points
1 # 271 Sosa H, Jesus Noe	M37 Oaxaca		2:46.25	
1:22.01 (1:22.01)	2:46.25 (1:24.24)			

Varonil 1500 Metros Carrera 35-39

Name	Age Team	Seed	Finals	Points
1 # 271 Sosa H, Jesus Noe	M37 Oaxaca		5:36.38	
1:02.52 (1:02.52)	2:31.76 (1:29.24)	4:10.36 (1:38.61)	5:36.38 (1:26.02)	

Varonil Salto de Longitud 35-39

Name	Age Team	Seed	Finals	Points
1 # 74 Santiago M, Mauri	M38 Demons		5.19m	
4.81m 4.75m 4.92m 5.17m 5.19m	FOUL			

Varonil Impulso de Bala 7.26 kg 35-39

Name	Age Team	Seed	Finals	Points
1 # 230 Yanez G, Lazaro	M38 Ind		9.93m	
FOUL 9.89m 9.93m FOUL 9.73m 9.69m				

Varonil Lanzamiento de Disco 2 kg 35-39

Name	Age Team	Seed	Finals	Points
1 # 74 Santiago M, Mauri	M38 Demons		26.36m	
26.36m FOUL PASS				
2 # 230 Yanez G, Lazaro	M38 Ind		23.98m	
23.98m FOUL FOUL				

Varonil Lanzamiento de Jabalina 800 gr 35-39

Name	Age Team	Seed	Finals	Points
1 # 230 Yanez G, Lazaro	M38 Ind		32.10m	
32.10m 30.29m FOUL				

Varonil 100 Metros Planos 40-44

Name	Age Team	Seed	Finals	Points
1 # 272 Luna O, Osvaldo	M42 Querétaro		12.49	
2 # 209 Rodriguez H, Carl	M42 Ind		13.26	
3 # 282 Ruis V, Omar	M41 Sprint Healthy		13.64	
4 # 303 Robles A, Mario	M41 Tultepec		14.08	
5 # 33 Ramirez C, Elihu	M41 Banco Azteca		14.46	
6 # 299 Fuentes P, Hernan	M43 Tultepec		15.42	
7 # 192 Olivares C, Tigra	M43 Ind		16.37	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 200 Metros Planos 40-44**

Name	Age Team	Seed	Finals	Points
1 # 272 Luna O, Osvaldo	M42 Querétaro		25.92	
2 # 209 Rodriguez H, Carl	M42 Ind		27.63	
3 # 273 Abarca C, Alejand	M43 Sprint Healthy		28.21	
4 # 282 Ruis V, Omar	M41 Sprint Healthy		28.33	
5 # 33 Ramirez C, Elihu	M41 Banco Azteca		31.33	

Varonil 400 Metros Planos 40-44

Name	Age Team	Seed	Finals	Points
1 # 273 Abarca C, Alejand	M43 Sprint Healthy		1:03.80	

Varonil 1500 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 88 Garcia T, Marco O	M43 Edomex		4:40.49	
56.14 (56.14)	2:12.51 (1:16.38)	3:29.47 (1:16.97)	4:40.49 (1:11.02)	
2 # 107 Santana S, Sergio	M41 Edomex		5:11.81	
59.35 (59.35)	2:23.28 (1:23.93)	3:48.57 (1:25.30)	5:11.81 (1:23.25)	
3 # 198 Prieto G, Agustin	M40 Ind		5:22.53	
1:00.06 (1:00.06)	2:25.57 (1:25.51)	3:55.27 (1:29.70)	5:22.53 (1:27.26)	
4 # 301 Hernandez E, Pabl	M44 Tultepec		5:48.39	
1:00.51 (1:00.51)	2:31.41 (1:30.91)	4:08.51 (1:37.11)	5:48.39 (1:39.88)	
5 # 52 Zambrano C, Guada	M43 Banorte - Zst		5:58.02	
1:02.55 (1:02.55)	2:38.20 (1:35.66)	4:19.68 (1:41.48)	5:58.02 (1:38.35)	

Varonil 3000 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 88 Garcia T, Marco O	M43 Edomex		10:02.17	
2 # 295 Cervantes J, Roqu	M43 Tultepec		11:06.16	
3 # 107 Santana S, Sergio	M41 Edomex		11:12.26	
4 # 303 Robles A, Mario	M41 Tultepec		11:16.31	
5 # 299 Fuentes P, Hernan	M43 Tultepec		11:51.82	
6 # 49 Osorio E, Miguel	M43 Banorte - Zst		14:31.88	

Varonil 5000 Metros Carrera 40-44

Name	Age Team	Seed	Finals	Points
1 # 301 Hernandez E, Pabl	M44 Tultepec		21:46.62	
43.89 (43.89)	2:19.52 (1:35.64)	4:03.64 (1:44.12)	5:47.84 (1:44.21)	
7:31.62 (1:43.78)	9:17.87 (1:46.26)	11:04.44 (1:46.57)	12:51.14 (1:46.70)	
14:37.87 (1:46.74)	16:26.28 (1:48.42)	18:14.34 (1:48.07)	20:04.21 (1:49.88)	
21:46.62 (1:42.41)				
-- # 198 Prieto G, Agustin	M40 Ind		DNF	
44.02 (44.02)	2:14.99 (1:30.97)	3:53.42 (1:38.44)	5:32.27 (1:38.85)	
7:11.74 (1:39.48)	8:52.28 (1:40.55)	10:32.15 (1:39.87)	12:13.17 (1:41.02)	
13:53.10 (1:39.94)	15:34.57 (1:41.47)	17:11.05 (1:36.48)	18:33.75 (1:22.71)	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil Salto de Longitud 40-44**

Name	Age Team	Seed	Finals	Points
1 # 272 Luna O, Osvaldo	M42 Querétaro		4.49m	
			3.89m 4.49m 3.96m	

Varonil Impulso de Bala 7.26 kg 40-44

Name	Age Team	Seed	Finals	Points
1 # 207 Rivera H, Eduardo	M43 Ind		8.72m	
			8.72m 7.95m 8.34m FOUL 8.44m 8.35m	

Varonil Lanzamiento de Disco 2 kg 40-44

Name	Age Team	Seed	Finals	Points
1 # 228 Viveros M, Luis E	M43 Ind		27.35m	
			23.22m 27.35m 26.14m 24.97m 26.19m 21.47m	
2 # 315 Hernandez L, Edga	M43 Cdmx		24.64m	
			FOUL 22.61m 23.97m 24.64m 23.83m 22.34m	
3 # 207 Rivera H, Eduardo	M43 Ind		24.00m	
			21.92m FOUL 23.43m FOUL 24.00m FOUL	
4 # 166 Hernandez C, Juan	M43 Ind		18.83m	
			18.69m 17.24m 16.60m 17.26m 18.60m 18.83m	
5 # 31 Mazon C, Emmanuel	M39 Banco Azteca		18.19m	
			FOUL 18.19m 16.59m FOUL 16.95m 17.79m	

Varonil Lanzamiento de Jabalina 800 gr 40-44

Name	Age Team	Seed	Finals	Points
1 # 228 Viveros M, Luis E	M43 Ind		34.14m	
			34.12m FOUL 34.14m	
2 # 315 Hernandez L, Edga	M43 Cdmx		29.13m	
			FOUL FOUL 29.13m	
3 # 24 Cristobal F, Sant	M42 Banco Azteca		23.00m	
			23.00m 22.51m FOUL	
4 # 31 Mazon C, Emmanuel	M39 Banco Azteca		22.10m	
			21.52m 22.10m FOUL	
5 # 52 Zambrano C, Guada	M43 Banorte - Zst		22.04m	
			22.04m FOUL FOUL	

Varonil Super Weight 35 lb 40-44

Name	Age Team	Seed	Finals	Points
1 # 166 Hernandez C, Juan	M43 Ind		6.13m	
			5.70m 5.90m 6.13m 5.91m 6.11m 4.68m	

Varonil 3000 Metros Marcha 40-44

Name	Age Team	Seed	Finals	Points
1 # 192 Olivares C, Tigra	M43 Ind		18:47.01	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 10000 Metros Marcha 40-44**

Name	Age Team	Seed	Finals	Points
1 # 82 Berdeja V, David	M42 Edomex		49:40.59	

Varonil 100 Metros Planos 45-49

Name	Age Team	Seed	Finals	Points
1 # 172 Hernandez V, Urie	M45 Ind		12.99	

Varonil 200 Metros Planos 45-49

Name	Age Team	Seed	Finals	Points
1 # 172 Hernandez V, Urie	M45 Ind		26.74	
2 # 81 Belman H, Federic	M49 Edomex		27.56	
3 # 21 Blas Z, Roberto A	M48 Banco Azteca		35.04	

Varonil 400 Metros Planos 45-49

Name	Age Team	Seed	Finals	Points
1 # 81 Belman H, Federic	M49 Edomex		1:01.35	
2 # 48 Mendez L, Jose	M45 Banorte - Zst		1:04.53	
3 # 151 Diaz C, Jose Leyv	M45 Oaxaca		1:05.38	

Varonil 1500 Metros Carrera 45-49

Name	Age Team	Seed	Finals	Points
1 # 48 Mendez L, Jose	M45 Banorte - Zst		5:26.69	
58.94 (58.94)	2:25.06 (1:26.12)	3:54.89 (1:29.83)	5:26.69 (1:31.81)	
2 # 225 Velarde E, Victor	M49 Ind		5:41.33	
1:00.53 (1:00.53)	2:30.59 (1:30.06)	4:07.47 (1:36.88)	5:41.33 (1:33.87)	

Varonil 5000 Metros Carrera 45-49

Name	Age Team	Seed	Finals	Points
1 # 225 Velarde E, Victor	M49 Ind		20:32.55	
45.39 (45.39)	2:19.88 (1:34.49)	3:57.04 (1:37.17)	5:35.25 (1:38.21)	
7:14.81 (1:39.57)	8:54.53 (1:39.72)	10:33.15 (1:38.63)	12:13.48 (1:40.33)	
13:53.53 (1:40.06)	15:34.91 (1:41.38)	17:12.64 (1:37.74)	18:53.96 (1:41.32)	
20:32.55 (1:38.60)				

Varonil Lanzamiento de Jabalina 800 gr 45-49

Name	Age Team	Seed	Finals	Points
1 # 48 Mendez L, Jose	M45 Banorte - Zst		17.27m	
FOUL 17.27m FOUL				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 3000 Metros Marcha 45-49**

Name	Age Team	Seed	Finals	Points
1 # 253 Chavez F, Jose Al	M45 Marcha Olímpica		21:53.45	
2 # 21 Blas Z, Roberto A	M48 Banco Azteca		21:55.36	

Varonil 5000 Metros Marcha 45-49

Name	Age Team	Seed	Finals	Points
1 # 253 Chavez F, Jose Al	M45 Marcha Olímpica		34:02.47	
			34:02.47 (34:02.47)	
2 # 265 Vite B, Felipe	M49 Marcha Olímpica		34:02.89	
			34:02.89 (34:02.89)	

Varonil 10000 Metros Marcha 45-49

Name	Age Team	Seed	Finals	Points
1 # 265 Vite B, Felipe	M49 Marcha Olímpica		1:06:08.56	
2 # 258 Nava R, Hector Da	M47 Marcha Olímpica		1:17:26.02	

Varonil 200 Metros Planos 50-54

Name	Age Team	Seed	Finals	Points
1 # 39 Velazco, Rodolfo	M49 Banco Azteca		33.13	

Varonil 1500 Metros Carrera 50-54

Name	Age Team	Seed	Finals	Points
1 # 213 Salas Z, Ernesto	M52 Ind		4:59.32	
			57.99 (57.99)	
			2:19.74 (1:21.76)	
			3:41.08 (1:21.35)	
			4:59.32 (1:18.24)	
2 # 32 Miranda M, Victor	M52 Banco Azteca		5:11.42	
			59.59 (59.59)	
			2:23.39 (1:23.81)	
			3:49.81 (1:26.42)	
			5:11.42 (1:21.62)	
3 # 39 Velazco, Rodolfo	M49 Banco Azteca		5:57.85	
			1:00.86 (1:00.86)	
			2:30.21 (1:29.35)	
			4:09.29 (1:39.09)	
			5:57.85 (1:48.57)	
4 # 163 Gonzalez R, Oscar	M54 Ind		6:42.74	
			1:09.01 (1:09.01)	
			2:54.59 (1:45.58)	
			4:49.42 (1:54.84)	
			6:42.74 (1:53.32)	

Varonil 3000 Metros Carrera 50-54

Name	Age Team	Seed	Finals	Points
1 # 293 Barrera R, Franci	M53 Tultepec		11:07.59	

Varonil 5000 Metros Carrera 50-54

Name	Age Team	Seed	Finals	Points
1 # 213 Salas Z, Ernesto	M52 Ind		18:34.04	
			44.52 (44.52)	
			2:15.20 (1:30.68)	
			3:45.89 (1:30.69)	
			5:14.70 (1:28.81)	
			6:44.04 (1:29.34)	
			8:14.10 (1:30.07)	
			9:44.64 (1:30.54)	
			11:14.13 (1:29.49)	
			12:43.91 (1:29.79)	
			14:14.43 (1:30.52)	
			15:44.16 (1:29.73)	
			17:11.62 (1:27.46)	
			18:34.04 (1:22.43)	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 10000 Metros Carrera 50-54**

Name	Age Team	Seed	Finals	Points
1 # 100 Miranda S, Maximi	M53 Edomex		45:20.14	
1:41.41 (1:41.41)	3:30.30 (1:48.89)	5:20.57 (1:50.28)	7:10.56 (1:49.99)	
9:01.68 (1:51.13)	10:53.23 (1:51.55)	12:44.28 (1:51.06)	14:35.42 (1:51.14)	
16:26.40 (1:50.98)	18:16.69 (1:50.30)	20:07.55 (1:50.86)	21:57.83 (1:50.29)	
23:48.43 (1:50.61)	25:38.50 (1:50.07)	27:28.67 (1:50.18)	29:18.76 (1:50.10)	
31:08.36 (1:49.60)	32:56.93 (1:48.58)	34:43.73 (1:46.80)	36:32.57 (1:48.84)	
38:22.18 (1:49.62)	40:11.41 (1:49.23)	41:59.53 (1:48.12)	43:46.13 (1:46.60)	
45:20.14 (1:34.01)				

Varonil Salto de Longitud 50-54

Name	Age Team	Seed	Finals	Points
1 # 96 Maya D, Jesus	M53 Edomex		4.08m	
3.98m 3.96m 4.08m 4.01m				
2 # 163 Gonzalez R, Oscar	M54 Ind		3.09m	
FOUL 2.97m 3.09m FOUL FOUL FOUL				
3 # 100 Miranda S, Maximi	M53 Edomex		3.04m	
2.66m 2.73m 2.75m 2.97m 3.03m 3.04m				

Varonil Salto Triple 50-54

Name	Age Team	Seed	Finals	Points
1 # 86 De Santiago F, Ga	M51 Edomex		7.88m	
7.88m x x				

Varonil Impulso de Bala 6 kg 50-54

Name	Age Team	Seed	Finals	Points
1 # 189 Montes De Oca G,	M53 Ind		9.01m	
7.63m 8.33m 7.47m 9.01m FOUL 8.38m				
2 # 226 Velazquez H, Rica	M54 Ind		7.36m	
FOUL 6.93m 6.92m 7.36m 6.82m FOUL				
3 # 160 Gomez U, Pedro Ja	M52 Ind		7.27m	
6.21m 6.89m 6.99m 7.19m 7.27m 7.21m				

Varonil Lanzamiento de Disco 1.5 kg 50-54

Name	Age Team	Seed	Finals	Points
1 # 189 Montes De Oca G,	M53 Ind		28.50m	
22.76m 27.58m 28.50m 27.43m 27.78m 26.76m				
2 # 226 Velazquez H, Rica	M54 Ind		21.55m	
20.23m 19.71m 19.06m 18.78m 21.55m 16.91m				
3 # 160 Gomez U, Pedro Ja	M52 Ind		20.64m	
20.64m FOUL 20.33m 20.23m FOUL 19.78m				

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil Lanzamiento de Jabalina 700 gr 50-54**

Name	Age Team	Seed	Finals	Points
1 # 96 Maya D, Jesus	M53 Edomex		22.64m	
			21.45m 22.64m 21.87m	
2 # 86 De Santiago F, Ga	M51 Edomex		18.10m	
			FOUL 18.10m FOUL	

Varonil Super Weight 25 lb 50-54

Name	Age Team	Seed	Finals	Points
1 # 160 Gomez U, Pedro Ja	M52 Ind		7.32m	
			6.89m 6.58m 7.32m 7.15m 7.22m 6.09m	
2 # 86 De Santiago F, Ga	M51 Edomex		6.17m	
			6.17m 5.92m FOUL 6.11m 6.09m FOUL	

Varonil 3000 Metros Marcha 50-54

Name	Age Team	Seed	Finals	Points
1 # 86 De Santiago F, Ga	M51 Edomex		23:05.73	

Varonil 100 Metros Planos 55-59

Name	Age Team	Seed	Finals	Points
1 # 143 Castillo R, Guill	M55 Ind		12.55	
2 # 75 Saucedo P, Dougla	M55 Demons		12.99	
3 # 137 Calderon N, Juan	M57 Ind		13.62	
4 # 55 Escamilla T, Arma	M55 Cuautli		14.82	
5 # 45 Granados, Sergio	M56 Banorte - Zst		15.84	
6 # 34 Reyes C, Luis	M55 Banco Azteca		28.82	

Varonil 200 Metros Planos 55-59

Name	Age Team	Seed	Finals	Points
1 # 143 Castillo R, Guill	M55 Ind		25.88	
2 # 75 Saucedo P, Dougla	M55 Demons		27.33	
3 # 137 Calderon N, Juan	M57 Ind		27.68	
4 # 35 Reyes K, Guillerm	M56 Banco Azteca		28.04	
5 # 55 Escamilla T, Arma	M55 Cuautli		30.26	

Varonil 400 Metros Planos 55-59

Name	Age Team	Seed	Finals	Points
1 # 35 Reyes K, Guillerm	M56 Banco Azteca		1:02.33	

Varonil 1500 Metros Carrera 55-59

Name	Age Team	Seed	Finals	Points
1 # 90 Hernandez D, Ubal	M55 Edomex		5:44.64	
			58.43 (58.43) 2:32.99 (1:34.57) 4:14.66 (1:41.67) 5:44.64 (1:29.99)	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 3000 Metros Carrera 55-59**

Name	Age Team	Seed	Finals	Points
1 # 298 Fragoso G, Ignaci	M57 Tultepec		11:34.81	
2 # 90 Hernandez D, Ubal	M55 Edomex		12:32.53	

Varonil Salto Triple 55-59

Name	Age Team	Seed	Finals	Points
1 # 87 Fragoso L, Raymun	M55 Edomex		8.91m	
8.77m PASS PASS FOUL	8.48m 8.91m			
2 # 137 Calderon N, Juan	M57 Ind		8.88m	
8.43m 8.16m 8.39m	8.88m 8.81m 8.80m			

Varonil Impulso de Bala 6 kg 55-59

Name	Age Team	Seed	Finals	Points
1 # 130 Andrade A, Gerard	M59 Ind		9.32m	
9.16m 9.02m 8.95m	9.32m 8.59m FOUL			
2 # 161 Gonzalez C, Carlo	M55 Ind		8.83m	
7.19m 7.77m 8.48m	8.83m 8.68m 8.67m			
3 # 191 Munoz G, Salvador	M57 Ind		8.58m	
8.43m FOUL FOUL	8.47m 8.36m 8.58m			
4 # 210 Rosas G, Jose Lui	M59 Ind		7.82m	
6.39m 7.08m 7.20m	7.29m 7.77m 7.82m			
5 # 277 Chan A, Jesus	M57 Sprint Healthy		6.97m	
FOUL FOUL FOUL	6.97m 6.68m FOUL			

Varonil Lanzamiento de Disco 1.5 kg 55-59

Name	Age Team	Seed	Finals	Points
1 # 130 Andrade A, Gerard	M59 Ind		30.64m	
29.22m 30.19m 30.28m	FOUL 30.64m 28.02m			
2 # 87 Fragoso L, Raymun	M55 Edomex		28.58m	
23.98m 25.33m FOUL	28.58m FOUL 21.15m			
3 # 210 Rosas G, Jose Lui	M59 Ind		26.59m	
26.15m FOUL 26.59m	26.15m 23.74m 26.49m			
4 # 161 Gonzalez C, Carlo	M55 Ind		17.84m	
17.84m 16.88m 15.99m	FOUL 17.15m 17.47m			

Varonil Lanzamiento de Jabalina 700 gr 55-59

Name	Age Team	Seed	Finals	Points
1 # 45 Granados, Sergio	M56 Banorte - Zst		20.69m	
18.43m 16.30m 20.69m				

Varonil Super Weight 25 lb 55-59

Name	Age Team	Seed	Finals	Points
1 # 314 Guzman M, Guiller	M55 Cdmx		13.94m	
12.61m 13.94m FOUL	FOUL FOUL FOUL			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****....Varonil Super Weight 25 lb 55-59**

2 #	130 Andrade A, Gerard	M59 Ind				10.52m
	9.83m	9.97m	FOUL	9.96m	10.28m	10.52m
3 #	210 Rosas G, Jose Lui	M59 Ind				8.64m
	5.83m	7.22m	FOUL	7.56m	8.27m	8.64m

Varonil 3000 Metros Marcha 55-59

Name	Age	Team	Seed	Finals	Points
1 # 259 Reyes R, Gerardo	M57	Marcha Olímpica			19:06.58

Varonil 5000 Metros Marcha 55-59

Name	Age	Team	Seed	Finals	Points
1 # 259 Reyes R, Gerardo	M57	Marcha Olímpica			31:42.67
					31:42.67 (31:42.67)

Varonil 10000 Metros Marcha 55-59

Name	Age	Team	Seed	Finals	Points
-- # 259 Reyes R, Gerardo	M57	Marcha Olímpica			DQ

Varonil 100 Metros Planos 60-64

Name	Age	Team	Seed	Finals	Points
1 # 27 Guzman P, Jose Ma	M62	Banco Azteca			14.94
2 # 171 Hernandez V, Jose	M64	Ind			16.06
3 # 284 Ugale A, Jose Man	M63	Sprint Healthy			17.02

Varonil 200 Metros Planos 60-64

Name	Age	Team	Seed	Finals	Points
1 # 27 Guzman P, Jose Ma	M62	Banco Azteca			31.23
2 # 284 Ugale A, Jose Man	M63	Sprint Healthy			34.00

Varonil 400 Metros Planos 60-64

Name	Age	Team	Seed	Finals	Points
1 # 190 Mugica A, Carlos	M60	Ind			1:08.40
2 # 171 Hernandez V, Jose	M64	Ind			1:19.47

Varonil 1500 Metros Carrera 60-64

Name	Age	Team	Seed	Finals	Points
1 # 214 Salazar G, Jose F	M60	Ind			5:44.59
					1:05.63 (1:05.63) 2:39.90 (1:34.28) 4:15.59 (1:35.70) 5:44.59 (1:29.00)

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 3000 Metros Carrera 60-64**

Name	Age Team	Seed	Finals	Points
1 # 296 Cuevas H, Juan	M62 Tultepec		11:15.20	

Varonil 5000 Metros Carrera 60-64

Name	Age Team	Seed	Finals	Points
1 # 106 Sanchez C, Gustav	M60 Edomex		20:42.97	
42.30 (42.30)	2:14.91 (1:32.62)	3:53.25 (1:38.34)	5:32.01 (1:38.77)	
7:11.50 (1:39.49)	8:52.07 (1:40.58)	10:31.92 (1:39.85)	12:12.99 (1:41.08)	
13:52.95 (1:39.96)	15:34.60 (1:41.66)	17:14.52 (1:39.93)	18:58.56 (1:44.04)	
20:42.97 (1:44.42)				
2 # 214 Salazar G, Jose F	M60 Ind		21:13.58	
46.16 (46.16)	2:25.61 (1:39.45)	4:06.96 (1:41.35)	5:47.95 (1:41.00)	
7:30.36 (1:42.41)	9:13.46 (1:43.10)	10:55.06 (1:41.61)	12:36.84 (1:41.78)	
14:17.73 (1:40.90)	16:01.04 (1:43.32)	17:44.68 (1:43.64)	19:30.97 (1:46.30)	
21:13.58 (1:42.62)				

Varonil Impulso de Bala 5 kg 60-64

Name	Age Team	Seed	Finals	Points
1 # 311 Flores T, Jose An	M60 Cdmx		8.01m	
FOUL 7.25m 8.01m 7.76m FOUL 7.69m				

Varonil Lanzamiento de Disco 1 kg 60-64

Name	Age Team	Seed	Finals	Points
1 # 311 Flores T, Jose An	M60 Cdmx		29.02m	
25.68m 28.71m 26.93m 26.54m 29.02m 21.87m				

Varonil 5000 Metros Marcha 60-64

Name	Age Team	Seed	Finals	Points
1 # 197 Polo S, Marco Ant	M63 Ind		33:25.85	
33:25.85 (33:25.85)				

Varonil 10000 Metros Marcha 60-64

Name	Age Team	Seed	Finals	Points
1 # 197 Polo S, Marco Ant	M63 Ind		1:04:47.29	

Varonil 100 Metros Planos 65-69

Name	Age Team	Seed	Finals	Points
1 # 165 Hernandez A, Jose	M65 Ind		14.11	
2 # 221 Trejo P, Gustavo	M66 Ind		15.24	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 200 Metros Planos 65-69**

Name	Age Team	Seed	Finals	Points
1 # 221 Trejo P, Gustavo	M66 Ind		31.55	

Varonil 400 Metros Planos 65-69

Name	Age Team	Seed	Finals	Points
1 # 318 Otamendi L, Loren	M67 Hsbc		1:13.13	

Varonil 800 Metros Carrera 65-69

Name	Age Team	Seed	Finals	Points
1 # 318 Otamendi L, Loren	M67 Hsbc		2:59.41	
1:27.91 (1:27.91)	2:59.41 (1:31.51)			

Varonil 1500 Metros Carrera 65-69

Name	Age Team	Seed	Finals	Points
1 # 318 Otamendi L, Loren	M67 Hsbc		6:08.90	
1:07.84 (1:07.84)	2:48.20 (1:40.36)	4:31.50 (1:43.31)	6:08.90 (1:37.40)	

Varonil 5000 Metros Carrera 65-69

Name	Age Team	Seed	Finals	Points
1 # 322 Carbajal G, Agust	M69 Marcha Olímpica		25:40.55	
47.65 (47.65)	2:30.50 (1:42.86)	4:19.32 (1:48.82)	6:14.72 (1:55.40)	
8:18.16 (2:03.45)	10:22.18 (2:04.02)	12:30.16 (2:07.99)	14:41.31 (2:11.15)	
16:52.56 (2:11.26)	19:02.76 (2:10.20)	21:14.84 (2:12.08)	23:31.40 (2:16.57)	
25:40.55 (2:09.15)				

Varonil Salto de Longitud 65-69

Name	Age Team	Seed	Finals	Points
1 # 221 Trejo P, Gustavo	M66 Ind		3.32m	
3.13m 3.32m 3.32m				

Varonil Lanzamiento de Disco 1 kg 65-69

Name	Age Team	Seed	Finals	Points
1 # 183 Martinez B, Emili	M67 Ind		22.21m	
22.21m 21.58m 20.73m	FOUL FOUL 18.74m			

Varonil Super Weight 20 lb 65-69

Name	Age Team	Seed	Finals	Points
1 # 183 Martinez B, Emili	M67 Ind		10.00m	
8.16m 9.84m 10.00m	6.53m FOUL FOUL			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 3000 Metros Marcha 65-69**

Name	Age Team	Seed	Finals	Points
1 # 97 Mendez M, Adan	M65 Edomex		18:26.96	

Varonil 5000 Metros Marcha 65-69

Name	Age Team	Seed	Finals	Points
1 # 97 Mendez M, Adan	M65 Edomex		30:50.56	
			30:50.56 (30:50.56)	

Varonil 10000 Metros Marcha 65-69

Name	Age Team	Seed	Finals	Points
1 # 97 Mendez M, Adan	M65 Edomex		1:00:39.29	

Varonil 1500 Metros Carrera 70-74

Name	Age Team	Seed	Finals	Points
1 # 211 Ruiz M, Fernando	M71 Ind		6:08.74	
			1:09.36 (1:09.36)	
			2:51.35 (1:42.00)	
			4:34.02 (1:42.68)	
			6:08.74 (1:34.73)	

Varonil 5000 Metros Carrera 70-74

Name	Age Team	Seed	Finals	Points
1 # 211 Ruiz M, Fernando	M71 Ind		23:06.85	
			48.72 (48.72)	
			2:33.90 (1:45.18)	
			4:24.49 (1:50.60)	
			6:16.67 (1:52.18)	
			8:11.27 (1:54.61)	
			10:04.71 (1:53.44)	
			11:58.70 (1:54.00)	
			13:52.42 (1:53.72)	
			15:45.59 (1:53.18)	
			17:37.88 (1:52.29)	
			19:30.26 (1:52.38)	
			21:21.85 (1:51.59)	
			23:06.85 (1:45.01)	
2 # 144 Chavarria C, Aris	M72 Ind		24:07.05	
			49.84 (49.84)	
			2:38.70 (1:48.87)	
			4:30.65 (1:51.95)	
			6:21.52 (1:50.88)	
			8:15.00 (1:53.48)	
			10:10.42 (1:55.43)	
			12:05.40 (1:54.98)	
			14:03.00 (1:57.61)	
			16:02.24 (1:59.24)	
			18:03.58 (2:01.34)	
			20:04.93 (2:01.35)	
			22:07.40 (2:02.48)	
			24:07.05 (1:59.65)	

Varonil Lanzamiento de Disco 1 kg 70-74

Name	Age Team	Seed	Finals	Points
1 # 187 Millan G, Miguel	M70 Ind		20.88m	
			FOUL FOUL FOUL 20.50m FOUL 20.88m	

Varonil Super Weight 16 lb 70-74

Name	Age Team	Seed	Finals	Points
1 # 187 Millan G, Miguel	M70 Ind		12.82m	
			11.79m 12.09m 11.17m 12.51m FOUL 12.82m	

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 100 Metros Planos 75-79**

Name	Age Team	Seed	Finals	Points
1 # 168 Hernandez G, Abel	M77 Ind		17.65	
2 # 105 Rodriguez S, Feli	M77 Edomex		20.54	

Varonil Salto de Longitud 75-79

Name	Age Team	Seed	Finals	Points
1 # 168 Hernandez G, Abel	M77 Ind		3.41m	
2.97m 3.19m 3.17m 3.15m 3.41m 3.05m				

Varonil 5000 Metros Marcha 75-79

Name	Age Team	Seed	Finals	Points
1 # 105 Rodriguez S, Feli	M77 Edomex		39:26.59	
39:26.59 (39:26.59)				

Varonil 4x400 Metros Relevos 20.

Team	Seed	Finals	Points
1 Ind 'A'		4:10.17	
1) #188 Miranda C, Victor Esau 18 2) #227 Velazquez M, Horacio 15			
3) #157 Garcia M, Josue 17 4) #212 Saavedra A, Jose Antonio 1			

Varonil 4x100 Metros Relevos Libre.

Team	Seed	Finals	Points
1 Demons 'A'		47.61	
1) #71 Ramirez V, Erick 21 2) #69 Ponce Otero O, Christian 27			
3) #63 Galindo J, Daniel 23 4) #76 Solis T, Camilo Olinsser 20			
2 Ened 'A'		52.24	
1) #162 Gonzalez N, Christopher Ma 2) #310 Lagunilla B, Omar 19			
3) #176 Lira S, Jose De Jesus 22 4) #205 Rangel R, Carlos 21			

Varonil 4x400 Metros Relevos Libre.

Team	Seed	Finals	Points
1 Banco Azteca 'A'		4:49.96	
1) #21 Blas Z, Roberto Agustín 48 2) #23 Brito, David 33			
3) #30 Luna M, Eduardo Damián 31 4) #38 Vazquez J, Luis Fernando 29			

Varonil 4x400 Metros Relevos 50-51.

Team	Seed	Finals	Points
1 Banco Azteca 'A'		4:34.85	
1) #27 Guzman P, Jose Marcos 62 2) #32 Miranda M, Victor Homero 52			
3) #39 Velazco, Rodolfo 49 4) #35 Reyes K, Guillermo 56			

1er Gala Atlética Máster CDMX 2023| - 14/10/2023 to 15/10/2023**Deportivo Plan Sexenal****Resultados****Varonil 4x100 Metros Relevos 40-49.**

Team	Seed	Finals	Points
1 Querétaro 'A'		57.50	
1) #175 Irineo S, Fernando	18		
3) #272 Luna O, Osvaldo	42		
-- Querétaro 'B'		DQ	
1) #75 Saucedo P, Douglas Sergio	5	66	
2) #221 Trejo P, Gustavo	66		
3) #179 Loredo S, Miguel	54		
4) #172 Hernandez V, Uriel	45		