

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil 80 Metros Planos Sub 16**

Name	Year	Team	Finals	H#	Points
Finals					
1 #	477	Moya S, Shunca Bi	10	Valles Centrales	11.02 1
2 #	220	Jimenez C, Natani	10	Costa	11.26 1
3 #	224	Mejia O, Mali Ana	10	Costa	11.40 1 11.392
4 #	367	Ramirez R, Ita So	09	Mixteca	11.40 1 11.394
5 #	363	Paz O, Natalia	09	Mixteca	11.51 2
6 #	299	Manzo V, Monserra	10	Istmo	11.71 2
7 #	271	Daloya S, Ariadna	10	Istmo	11.73 1
8 #	307	Muñoz P, Daniela	10	Istmo	11.78 2
9 #	308	Nagaya M, Maria A	10	Istmo	12.02 2
10 #	225	Mendoza J, Alicia	10	Costa	12.15 1
11 #	409	Carranza Q, Alexa	10	Valles Centrales	12.34 1
12 #	496	Rasgado M, Nina J	10	Valles Centrales	12.39 2
13 #	411	Castillo C, Camil	10	Valles Centrales	13.38 2
14 #	564	Ramirez M, Adrian	10	Valles Centrales	13.85 1

Femenil 150 Metros Planos Sub 16

Name	Year	Team	Finals	H#	Points
1 #	477	Moya S, Shunca Bi	10	Valles Centrales	20.27 1
2 #	498	Rojas P, Biniza	09	Valles Centrales	20.88 1
3 #	220	Jimenez C, Natani	10	Costa	20.90 2
4 #	363	Paz O, Natalia	09	Mixteca	21.00 2
5 #	271	Daloya S, Ariadna	10	Istmo	21.76 2
6 #	367	Ramirez R, Ita So	09	Mixteca	21.99 1
7 #	267	Cruz C, Grecia Al	09	Istmo	22.27 1
8 #	472	Montesinos D, Fer	09	Valles Centrales	22.31 1
9 #	225	Mendoza J, Alicia	10	Costa	22.49 2
10 #	500	Ruiz D, Ziany	09	Valles Centrales	22.50 2
11 #	496	Rasgado M, Nina J	10	Valles Centrales	23.24 1
12 #	409	Carranza Q, Alexa	10	Valles Centrales	23.28 2
13 #	411	Castillo C, Camil	10	Valles Centrales	25.53 2
-- #	548	Santiago M, Taiya	09	Valles Centrales	DQ 1 RT 16.8

Femenil 300 Metros Planos Sub 16

Name	Year	Team	Finals	Points
1 #	498	Rojas P, Biniza	09	Valles Centrales 45.55
2 #	454	Lopez B, Grecia S	09	Valles Centrales 45.61
3 #	500	Ruiz D, Ziany	09	Valles Centrales 48.67
4 #	548	Santiago M, Taiya	09	Valles Centrales 49.65
5 #	267	Cruz C, Grecia Al	09	Istmo 50.40
6 #	252	Antonio P, Carla	10	Istmo 51.26
7 #	268	Cruz R, Elisa Yat	10	Istmo 51.70
8 #	217	Garza D, Carla So	09	Costa 1:05.65

Femenil 600 Metros Carrera Sub 16

Name	Year	Team	Finals	Points
1 #	542	Ruiz M, Mia Del R	10	Valles Centrales 1:45.63

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 600 Metros Carrera Sub 16**

2 #	454 Lopez B, Grecia S	09 Valles Centrales	1:46.27
3 #	329 Antonio L, Prince	10 Mixteca	1:47.72
4 #	487 Perez P, Ximena C	10 Valles Centrales	1:48.79
5 #	260 Casillas C, Jaque	10 Istmo	1:51.11
6 #	408 Carlos S, Kelly D	10 Valles Centrales	1:57.35
7 #	249 Zuñiga M, Jessica	09 Costa	2:02.57
8 #	338 Clemante F, Yosce	09 Mixteca	2:02.96
9 #	217 Garza D, Carla So	09 Costa	2:43.69

Femenil 2000 Metros Carrera Sub 16

Name	Year Team	Finals	Points
1 #	329 Antonio L, Prince 10 Mixteca	7:16.66	
	1:23.20 (1:23.20) 2:51.62 (1:28.42)	4:22.56 (1:30.95)	5:51.41 (1:28.86)
	7:16.66 (1:25.25)		
2 #	487 Perez P, Ximena C 10 Valles Centrales	7:25.64	
	1:23.64 (1:23.64) 2:57.24 (1:33.61)	4:29.35 (1:32.11)	5:57.71 (1:28.37)
	7:25.64 (1:27.93)		
3 #	408 Carlos S, Kelly D 10 Valles Centrales	7:28.94	
	1:26.50 (1:26.50) 2:51.33 (1:24.83)	4:22.34 (1:31.01)	5:56.06 (1:33.73)
	7:28.94 (1:32.88)		
4 #	542 Ruiz M, Mia Del R 10 Valles Centrales	7:31.80	
	1:24.67 (1:24.67) 2:57.29 (1:32.63)	4:29.71 (1:32.42)	6:02.30 (1:32.60)
	7:31.80 (1:29.50)		
5 #	260 Casillas C, Jaque 10 Istmo	7:47.07	
	1:25.84 (1:25.84) 2:51.47 (1:25.63)	4:25.44 (1:33.98)	6:09.10 (1:43.66)
	7:47.07 (1:37.98)		
6 #	444 Hernandez J, Gabr 10 Valles Centrales	7:47.56	
	1:26.01 (1:26.01) 2:57.53 (1:31.52)	4:30.29 (1:32.77)	6:06.95 (1:36.66)
	7:47.56 (1:40.62)		
7 #	417 Cruz H, Carol Tai 10 Valles Centrales	9:15.53	
	1:27.38 (1:27.38) 3:12.21 (1:44.84)	5:05.84 (1:53.63)	7:09.60 (2:03.77)
	9:15.53 (2:05.93)		
-- #	249 Zuñiga M, Jessica 09 Costa	DNF	
	3:13.05 (3:13.05) 5:06.66 (1:53.61)		
-- #	338 Clemante F, Yosce 09 Mixteca	DNF	
	2:57.83 (2:57.83) 4:32.08 (1:34.25)		

Femenil 80 Metros C/Vallas 76 cm Sub 16

Name	Year Team	Finals	Points
1 #	472 Montesinos D, Fer 09 Valles Centrales	16.62	

Femenil 300 Metros C/Vallas 76 cm Sub 16

Name	Year Team	Finals	Points
1 #	252 Antonio P, Carla 10 Istmo	59.63	
2 #	285 Hernandez C, Alis 09 Istmo	1:08.20	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil Salto de Altura Sub 16**

Name	Year Team	Finals	Points
1 # 274 Esparza B, Jared	09 Istmo	1.40m	
1.25 1.30 1.35 1.40 1.43			
O O O XXO XXX			
2 # 257 Baizabal H, Vanni	10 Istmo	1.30m	
1.15 1.20 1.25 1.30 1.35			
O O O XXO XXX			

Femenil Salto de Longitud Sub 16

Name	Year Team	Finals	Points
1 # 224 Mejia O, Mali Ana	10 Costa	4.09m	
3.89m 4.09m 3.71m 3.98m 3.60m 3.89m			
2 # 268 Cruz R, Elisa Yat	10 Istmo	3.33m	
FOUL 3.25m 3.33m FOUL 3.27m FOUL			
3 # 494 Ramos M, Sarai Cr	09 Valles Centrales	3.26m	
3.25m 3.26m FOUL 2.56m 3.10m 2.89m			

Femenil Impulso de Bala 3 kg Sub 16

Name	Year Team	Finals	Points
1 # 313 Pineda V, Ariana	10 Istmo	6.66m	
5.86m 6.53m 6.66m FOUL 6.18m FOUL			
2 # 564 Ramirez M, Adrian	10 Valles Centrales	5.79m	
5.19m 5.27m 5.79m 5.28m 5.36m 5.70m			

Femenil Lanzamiento de Martillo 2 kg Sub 16

Name	Year Team	Finals	Points
1 # 310 Osorio F, Alondra	09 Istmo	27.69m	
27.69m 22.02m FOUL FOUL 24.46m FOUL			

Heptathlon: #1 Femenil 80 Metros Planos Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	12.55	395

Heptathlon: #7 Femenil 800 Metros Carrera Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	3:11.45	247
1:30.60 (1:30.60) 3:11.45 (1:40.85)			

Heptathlon: #4 Femenil 80 Metros C/Vallas 76 cm Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	16.47	294

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Heptathlon: #2 Femenil Salto de Altura Sub 16 Heptathlon**

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	1.20m	389
1.10 1.15 1.20 1.25			
O O O XXX			

Heptathlon: #5 Femenil Salto de Longitud Sub 16 Heptathlon

Name	Year Team	Finals	Points
-- # 459 Maldonado V, Cami	10 Valles Centrales	FOUL	
FOUL FOUL FOUL			

Heptathlon: #3 Femenil Impulso de Bala 3 kg Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	6.75m	351
6.15m 6.75m 6.14m			

Heptathlon: #6 Femenil Lanzamiento de Pelota Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	23.83m	265
23.83m FOUL FOUL			

Femenil Heptathlon Sub 16

Name	Year Team	Finals	H#	Points
1 # 459 Maldonado V, Cami	10 Valles Centrales	1941		10

Femenil 100 Metros Planos Sub 18

Name	Year Team	Finals	H#	Points
1 # 437 Gutierrez P, Abri	07 Valles Centrales	13.60		1
2 # 312 Pineda D, Melissa	08 Istmo	14.04		2
3 # 269 Cruz R, Marely	07 Istmo	14.08		1
4 # 447 Hilario G, Dulce	07 Valles Centrales	14.23		2
5 # 493 Ramirez R, Ximena	08 Valles Centrales	14.48		1
6 # 368 Ramirez R, Karla	07 Mixteca	14.74		1
7 # 248 Zepeta S, Paula Z	08 Costa	14.83		1
8 # 214 Garcia C, Nanaxhi	08 Costa	14.88		2
9 # 467 Melchor P, Deniss	08 Valles Centrales	15.22		1

Femenil 200 Metros Planos Sub 18

Name	Year Team	Finals	H#	Points
1 # 469 Mendez P, Renata	07 Valles Centrales	26.14		1
2 # 437 Gutierrez P, Abri	07 Valles Centrales	27.54		1
3 # 447 Hilario G, Dulce	07 Valles Centrales	28.83		1
4 # 269 Cruz R, Marely	07 Istmo	29.15		2

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 200 Metros Planos Sub 18**

5 #	438	Guzman C, Andrea	07 Valles Centrales	29.44	1
6 #	493	Ramirez R, Ximena	08 Valles Centrales	29.84	1
7 #	389	Gomez A, Haydee N	08 Sierra Sur	30.03	2
8 #	282	Gaxiola R, Lesli	07 Istmo	30.34	1
9 #	223	Lopez C, Danna	08 Costa	30.89	1
10 #	248	Zepeta S, Paula Z	08 Costa	31.08	1
11 #	467	Melchor P, Deniss	08 Valles Centrales	31.28	2

Femenil 400 Metros Planos Sub 18

Name	Year	Team	Finals	Points
1 #	432	Gonzalez G, Yedan	07 Valles Centrales	58.18
2 #	469	Mendez P, Renata	07 Valles Centrales	58.87
3 #	419	Cuevas B, Paola N	08 Valles Centrales	1:01.73
4 #	438	Guzman C, Andrea	07 Valles Centrales	1:05.86
5 #	282	Gaxiola R, Lesli	07 Istmo	1:09.81
6 #	560	Vicente M, Ana Be	07 Valles Centrales	1:10.83
7 #	272	Diaz E, Cinthia A	07 Istmo	1:13.90

Femenil 800 Metros Carrera Sub 18

Name	Year	Team	Finals	Points
1 #	432	Gonzalez G, Yedan	07 Valles Centrales	2:21.80
		1:08.43 (1:08.43)	2:21.80 (1:13.38)	
2 #	208	Castellanos T, Ab	08 Costa	2:24.01
		1:08.74 (1:08.74)	2:24.01 (1:15.27)	
3 #	553	Silva P, Milka	07 Valles Centrales	2:37.02
		1:12.37 (1:12.37)	2:37.02 (1:24.65)	
4 #	423	Fachada L, Dara X	08 Valles Centrales	2:41.20
		1:15.15 (1:15.15)	2:41.20 (1:26.05)	
5 #	259	Carrera P, Diana	07 Istmo	2:47.87
		1:16.42 (1:16.42)	2:47.87 (1:31.46)	
6 #	545	Sanchez G, Yamile	07 Valles Centrales	3:14.76
		1:26.31 (1:26.31)	3:14.76 (1:48.45)	

Femenil 1500 Metros Carrera Sub 18

Name	Year	Team	Finals	Points
1 #	561	Villatoro S, Ivan	07 Valles Centrales	4:56.66
		59.41 (59.41)	2:17.09 (1:17.68)	3:36.00 (1:18.92)
				4:56.68 (1:20.68)
2 #	208	Castellanos T, Ab	08 Costa	5:19.18
		1:01.24 (1:01.24)	2:25.95 (1:24.71)	3:52.46 (1:26.52)
				5:19.18 (1:26.72)
3 #	553	Silva P, Milka	07 Valles Centrales	5:24.72
		1:00.52 (1:00.52)	2:26.72 (1:26.20)	3:56.05 (1:29.34)
				5:24.72 (1:28.67)
4 #	378	Silva C, Julissa	07 Mixteca	5:27.56
		1:01.01 (1:01.01)	2:25.55 (1:24.54)	3:56.57 (1:31.02)
				5:27.56 (1:31.00)
5 #	358	Morales S, Antoni	07 Mixteca	5:41.37
		1:01.05 (1:01.05)	2:26.89 (1:25.85)	4:05.86 (1:38.97)
				5:41.37 (1:35.51)
6 #	410	Castellanos R, La	07 Valles Centrales	5:44.17
		1:05.32 (1:05.32)	2:38.06 (1:32.75)	4:16.47 (1:38.41)
				5:44.17 (1:27.70)
7 #	259	Carrera P, Diana	07 Istmo	5:45.73
		59.38 (59.38)	2:22.33 (1:22.96)	3:58.49 (1:36.16)
				5:45.73 (1:47.25)

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 1500 Metros Carrera Sub 18**

8 #	266 Crispin G, Lesly	08 Istmo	6:12.33			
	1:06.69 (1:06.69)	2:46.16 (1:39.47)	4:27.85 (1:41.70)	6:12.33 (1:44.48)		
9 #	499 Rosas B, Vannya D	07 Valles Centrales	6:21.76			
	1:06.87 (1:06.87)	2:47.33 (1:40.46)	4:38.61 (1:51.29)	6:21.76 (1:43.15)		
10 #	428 Garcia M, Dianey	07 Valles Centrales	6:27.26			
	1:04.40 (1:04.40)	2:46.90 (1:42.50)	4:38.24 (1:51.34)	6:27.26 (1:49.03)		
11 #	545 Sanchez G, Yamile	07 Valles Centrales	6:55.10			
	1:06.30 (1:06.30)	2:52.81 (1:46.52)	4:52.00 (1:59.19)	6:55.10 (2:03.11)		
12 #	457 Lopez P, Fernanda	07 Valles Centrales	7:06.53			
	1:06.55 (1:06.55)	2:54.48 (1:47.93)	5:01.03 (2:06.55)	7:06.53 (2:05.51)		
13 #	476 Moreno M, Maria J	07 Valles Centrales	8:15.76			
	1:10.25 (1:10.25)	3:21.78 (2:11.53)	5:54.46 (2:32.69)	8:15.76 (2:21.30)		

Femenil 3000 Metros Carrera Sub 18

Name	Year Team	Finals	Points
1 # 561 Villatoro S, Ivan	07 Valles Centrales	10:44.53	
39.02 (39.02)	1:58.87 (1:19.85)	3:24.53 (1:25.67)	4:50.75 (1:26.22)
6:16.55 (1:25.81)	7:45.30 (1:28.76)	9:16.65 (1:31.36)	10:44.53 (1:27.89)
2 # 421 Donnadieu A, Simo	07 Valles Centrales	10:50.03	
39.30 (39.30)	1:59.20 (1:19.90)	3:24.90 (1:25.71)	4:51.13 (1:26.24)
6:17.60 (1:26.47)	7:49.47 (1:31.87)	9:20.66 (1:31.20)	10:50.03 (1:29.37)
3 # 358 Morales S, Antoni	07 Mixteca	12:28.05	
41.57 (41.57)	2:10.97 (1:29.40)	3:46.65 (1:35.68)	5:28.29 (1:41.65)
7:14.38 (1:46.10)	9:00.91 (1:46.53)	10:47.78 (1:46.88)	12:28.05 (1:40.28)
4 # 410 Castellanos R, La	07 Valles Centrales	13:06.48	
40.35 (40.35)	2:13.23 (1:32.89)	3:57.93 (1:44.70)	5:49.77 (1:51.84)
7:41.79 (1:52.03)	9:35.81 (1:54.02)	11:26.93 (1:51.13)	13:06.48 (1:39.55)
5 # 266 Crispin G, Lesly	08 Istmo	14:03.27	
41.96 (41.96)	2:19.56 (1:37.61)	4:10.32 (1:50.77)	6:06.80 (1:56.48)
8:03.72 (1:56.93)	10:06.95 (2:03.23)	12:08.08 (2:01.13)	14:03.27 (1:55.20)

Femenil 100 Metros C/Vallas 76 cm Sub 18

Name	Year Team	Finals	Points
1 # 312 Pineda D, Melissa	08 Istmo	19.73	
2 # 232 Ramirez L, Aleida	07 Costa	20.49	

Femenil 400 Metros C/Vallas 76 cm Sub 18

Name	Year Team	Finals	Points
1 # 419 Cuevas B, Paola N	08 Valles Centrales	1:08.68	
2 # 272 Diaz E, Cinthia A	07 Istmo	1:21.17	

Femenil 2000 Metros Steeplechase 76 cm Sub 18

Name	Year Team	Finals	Points
1 # 423 Fachada L, Dara X	08 Valles Centrales	8:10.31	
1:27.97 (1:27.97)	3:03.27 (1:35.31)	4:44.37 (1:41.10)	6:28.67 (1:44.31)
8:10.31 (1:41.64)			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 2000 Metros Steeplechase 76 cm Sub 18**

2 #	378 Silva C, Julissa	07 Mixteca	8:19.42			
	1:26.91 (1:26.91)	3:04.81 (1:37.90)	4:45.50 (1:40.70)	6:34.51 (1:49.02)		
	8:19.42 (1:44.91)					
3 #	428 Garcia M, Dianey	07 Valles Centrales	9:44.39			
	1:40.37 (1:40.37)	3:34.56 (1:54.20)	5:34.95 (2:00.39)	7:41.22 (2:06.28)		
	9:44.39 (2:03.17)					
4 #	231 Ramirez B, Gabrie	07 Costa	10:28.43			
	1:42.68 (1:42.68)	3:45.52 (2:02.85)	5:55.90 (2:10.38)	8:14.54 (2:18.65)		
	10:28.43 (2:13.89)					
-- #	352 Leon J, Judith	08 Mixteca	DNF			

Femenil Salto de Longitud Sub 18

Name	Year Team	Finals	Points
1 # 368 Ramirez R, Karla	07 Mixteca	4.09m	
FOUL 3.78m 3.95m FOUL FOUL 4.09m			
2 # 223 Lopez C, Danna	08 Costa	3.45m	
FOUL FOUL 3.36m 3.29m 3.23m 3.45m			
3 # 389 Gomez A, Haydee N	08 Sierra Sur	3.42m	
2.55m 3.42m FOUL 3.35m 3.05m 2.55m			
4 # 297 Manuel O, Kenia	07 Istmo	3.39m	
3.28m 3.39m 3.33m 3.23m 3.35m 3.27m			

Femenil Salto Triple Sub 18

Name	Year Team	Finals	Points
1 # 232 Ramirez L, Aleida	07 Costa	9.13m	
8.77m 8.72m 9.06m 9.13m 8.80m 8.92m			
2 # 214 Garcia C, Nanaxhi	08 Costa	8.46m	
FOUL FOUL 8.42m 8.41m 8.34m 8.46m			

Femenil Impulso de Bala 3 kg Sub 18

Name	Year Team	Finals	Points
1 # 356 Mendez H, Sofia	07 Mixteca	8.76m	
8.20m 8.76m 8.40m FOUL 8.12m 7.66m			
2 # 321 Sanchez M, Ashley	08 Istmo	8.64m	
8.33m 8.17m FOUL FOUL 6.99m 8.64m			
3 # 280 Garcia R, Sharon	07 Istmo	7.16m	
6.15m FOUL 5.96m 7.05m 6.77m 7.16m			
4 # 204 Arguelles R, Nadi	08 Costa	6.84m	
6.19m 6.84m 6.41m 6.09m 5.75m FOUL			
5 # 560 Vicente M, Ana Be	07 Valles Centrales	6.71m	
6.22m 6.71m 6.07m 6.22m 6.68m 6.35m			
6 # 242 Sanchez M, Azucen	07 Costa	6.54m	
5.25m 5.62m 6.17m 6.54m FOUL 5.87m			
7 # 366 Perez S, Miranda	07 Mixteca	5.63m	
5.63m 5.42m 5.32m FOUL FOUL FOUL			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil Lanzamiento de Disco 1 kg Sub 18**

Name	Year Team	Finals	Points
1 # 321 Sanchez M, Ashley	08 Istmo	19.28m	
	17.16m FOUL 15.91m 19.28m 18.72m 18.40m		
2 # 280 Garcia R, Sharon	07 Istmo	18.53m	
	FOUL FOUL FOUL FOUL 18.53m FOUL		
3 # 366 Perez S, Miranda	07 Mixteca	18.04m	
	13.31m FOUL FOUL 14.98m 18.04m FOUL		
4 # 211 Fuentes L, Cintia	08 Costa	15.33m	
	13.76m 12.70m 14.85m 15.33m 12.98m 14.22m		

Femenil Lanzamiento de Jabalina 500 gr Sub 18

Name	Year Team	Finals	Points
1 # 481 Peguero E, Lia Fe	08 Valles Centrales	20.49m	
	15.76m FOUL FOUL FOUL 20.49m FOUL		
2 # 242 Sanchez M, Azucen	07 Costa	20.05m	
	FOUL FOUL 18.11m 17.58m 20.05m 19.17m		
3 # 210 Dominguez R, Lari	07 Costa	17.64m	
	FOUL 17.64m 16.25m FOUL FOUL FOUL		
4 # 231 Ramirez B, Gabrie	07 Costa	17.47m	
	16.15m 16.26m 14.86m 12.93m FOUL 17.47m		
5 # 211 Fuentes L, Cintia	08 Costa	14.75m	
	FOUL FOUL 9.86m 13.95m 14.75m 13.67m		

Heptathlon: #4 Femenil 200 Metros Planos Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 # 292 Lopez C, Yuuniza	07 Istmo	31.94	355
2 # 331 Arrellano B, Vale	08 Mixteca	32.53	320

Heptathlon: #7 Femenil 800 Metros Carrera Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 # 331 Arrellano B, Vale	08 Mixteca	2:57.89	385
	1:27.20 (1:27.20) 2:57.89 (1:30.69)		
2 # 292 Lopez C, Yuuniza	07 Istmo	3:16.58	226
	1:33.28 (1:33.28) 3:16.58 (1:43.31)		

Heptathlon: #1 Femenil 100 Metros C/Vallas 76 cm Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 # 292 Lopez C, Yuuniza	07 Istmo	18.38	450
2 # 331 Arrellano B, Vale	08 Mixteca	21.21	210

Heptathlon: #2 Femenil Salto de Altura Sub 18 Heptathlon

Name	Year Team	Finals	Points
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Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Heptathlon: #2 Femenil Salto de Altura Sub 18 Heptathlon**

1 #	292 Lopez C, Yuuniza	07 Istmo	1.20m	312
	1.10 1.15 1.20 1.25			
	O XO O XXX			
-- #	331 Arrellano B, Vale	08 Mixteca	NH	
	1.10			
	XXX			

Heptathlon: #5 Femenil Salto de Longitud Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 #	292 Lopez C, Yuuniza 07 Istmo	3.85m	274
	3.63m 3.56m 3.85m		
2 #	331 Arrellano B, Vale 08 Mixteca	3.59m	218
	3.53m 3.59m FOUL		

Heptathlon: #3 Femenil Impulso de Bala 3 kg Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 #	292 Lopez C, Yuuniza 07 Istmo	7.39m	360
	FOUL 6.78m 7.39m		
2 #	331 Arrellano B, Vale 08 Mixteca	6.31m	291
	5.90m 6.19m 6.31m		

Heptathlon: #6 Femenil Lanzamiento de Jabalina 500 gr Sub 18 Heptathlon

Name	Year Team	Finals	Points
1 #	331 Arrellano B, Vale 08 Mixteca	19.79m	285
	15.49m 19.79m 13.80m		
2 #	292 Lopez C, Yuuniza 07 Istmo	13.63m	172
	11.04m 9.79m 13.63m		

Femenil Heptathlon Sub 18

Name	Year Team	Finals	H#	Points
1 #	292 Lopez C, Yuuniza 07 Istmo	2149		10
2 #	331 Arrellano B, Vale 08 Mixteca	1709		8

Femenil 5000 Metros Marcha Sub 18

Name	Year Team	Finals	Points
1 #	302 Marquez T, Amitai 08 Istmo	29:02.55	

Femenil 100 Metros Planos Sub 20

Name	Year Team	Finals	Points
1 #	555 Toledo C, Grecia 06 Valles Centrales	13.23	
2 #	258 Cadena R, Aylin G 05 Istmo	13.93	
3 #	468 Mendez D, Michell 05 Valles Centrales	14.00	
4 #	380 Soriano L, Melann 06 Mixteca	14.94	
5 #	212 Gallardo C, Maria 06 Costa	14.95	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 100 Metros Planos Sub 20**

6 #	221	Jose A, Selena	06 Costa	15.92
7 #	328	Aguilar S, Dulce	06 Mixteca	18.33

Femenil 200 Metros Planos Sub 20

Name	Year	Team	Finals	H#	Points
1 #	405	Cabrera D, Galya	06 Valles Centrales	25.91	1
2 #	555	Toledo C, Grecia	06 Valles Centrales	26.91	2
3 #	468	Mendez D, Michell	05 Valles Centrales	28.99	1
4 #	420	Diaz P, Estefanie	05 Valles Centrales	30.05	2
5 #	452	Lavariaga R, Jaqu	06 Valles Centrales	30.20	2
6 #	212	Gallardo C, Maria	06 Costa	30.28	1
7 #	398	Aguilar S, Laura	06 Valles Centrales	30.60	1
8 #	380	Soriano L, Melann	06 Mixteca	31.34	1
9 #	221	Jose A, Selena	06 Costa	33.84	1
10 #	328	Aguilar S, Dulce	06 Mixteca	38.21	1

Femenil 400 Metros Planos Sub 20

Name	Year	Team	Finals	Points
1 #	405	Cabrera D, Galya	06 Valles Centrales	58.89
2 #	441	Hernandez A, Quet	05 Valles Centrales	1:04.85
3 #	420	Diaz P, Estefanie	05 Valles Centrales	1:07.81
4 #	452	Lavariaga R, Jaqu	06 Valles Centrales	1:09.33
5 #	398	Aguilar S, Laura	06 Valles Centrales	1:10.81
6 #	439	Guzman C, Karen D	05 Valles Centrales	1:12.02
7 #	492	Ramirez M, Valeri	06 Valles Centrales	1:17.74
8 #	393	Juarez G, Yasisle	06 Sierra Sur	1:21.61

Femenil 800 Metros Carrera Sub 20

Name	Year	Team	Finals	Points
1 #	441	Hernandez A, Quet	05 Valles Centrales	2:29.74
		1:11.42 (1:11.42)	2:29.74 (1:18.33)	
2 #	381	Valladares E, Alo	05 Mixteca	2:46.42
		1:18.16 (1:18.16)	2:46.42 (1:28.26)	
3 #	439	Guzman C, Karen D	05 Valles Centrales	2:52.49
		1:20.51 (1:20.51)	2:52.49 (1:31.99)	
4 #	351	Hernandez L, Beat	06 Mixteca	2:55.62
		1:18.47 (1:18.47)	2:55.62 (1:37.16)	
5 #	393	Juarez G, Yasisle	06 Sierra Sur	3:22.92
		1:23.90 (1:23.90)	3:22.92 (1:59.03)	

Femenil 1500 Metros Carrera Sub 20

Name	Year	Team	Finals	Points
1 #	381	Valladares E, Alo	05 Mixteca	6:11.03
		1:07.59 (1:07.59)	2:48.98 (1:41.40)	4:35.81 (1:46.84)
				6:11.03 (1:35.22)
2 #	391	Hernandez R, Yese	06 Sierra Sur	6:51.50
		1:07.95 (1:07.95)	2:57.42 (1:49.48)	4:57.73 (2:00.31)
				6:51.50 (1:53.77)

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil 3000 Metros Carrera Sub 20**

Name	Year Team	Finals	Points
1 # 227 Mendoza S, Thialy	05 Costa	11:10.41	
39.08 (39.08)	1:59.79 (1:20.71)	3:28.06 (1:28.28)	5:00.56 (1:32.50)
6:35.15 (1:34.60)	8:11.20 (1:36.05)	9:45.31 (1:34.11)	11:10.41 (1:25.11)

Femenil 5000 Metros Carrera Sub 20

Name	Year Team	Finals	Points
1 # 337 Clemante F, Loren	06 Mixteca	19:22.58	
43.97 (43.97)	2:19.72 (1:35.75)	3:54.80 (1:35.08)	5:33.05 (1:38.26)
7:06.72 (1:33.67)	8:40.45 (1:33.74)	10:15.71 (1:35.26)	11:50.87 (1:35.16)
13:24.41 (1:33.55)	15:00.99 (1:36.58)	16:36.94 (1:35.96)	18:04.84 (1:27.90)
19:22.58 (1:17.74)			
2 # 227 Mendoza S, Thialy	05 Costa	19:25.28	
43.71 (43.71)	2:19.33 (1:35.63)	3:55.15 (1:35.83)	5:32.79 (1:37.64)
7:06.30 (1:33.51)	8:40.10 (1:33.81)	10:15.37 (1:35.27)	11:50.55 (1:35.18)
13:24.13 (1:33.59)	15:00.67 (1:36.54)	16:36.64 (1:35.98)	18:04.58 (1:27.94)
19:25.28 (1:20.71)			
3 # 340 Crebrero P, Valer	06 Mixteca	22:40.49	
41.75 (41.75)	2:18.08 (1:36.33)	3:54.04 (1:35.96)	5:32.52 (1:38.49)
7:12.33 (1:39.81)	9:03.87 (1:51.54)	11:01.27 (1:57.41)	13:00.88 (1:59.61)
14:57.75 (1:56.88)	16:53.00 (1:55.26)	18:51.85 (1:58.85)	20:44.74 (1:52.89)
22:40.49 (1:55.76)			

Femenil 400 Metros C/Vallas 76 cm Sub 20

Name	Year Team	Finals	Points
1 # 492 Ramirez M, Valeri	06 Valles Centrales	1:29.10	

Femenil 3000 Metros Steeplechase 76 cm Sub 20

Name	Year Team	Finals	Points
1 # 337 Clemante F, Loren	06 Mixteca	12:01.80	
47.91 (47.91)	2:25.81 (1:37.90)	4:02.04 (1:36.24)	5:37.83 (1:35.80)
7:11.73 (1:33.91)	8:47.13 (1:35.40)	10:25.37 (1:38.24)	12:01.80 (1:36.44)
2 # 349 Garcia V, Rebeca	06 Mixteca	13:42.31	
48.03 (48.03)	2:31.96 (1:43.94)	4:16.73 (1:44.77)	6:06.92 (1:50.19)
8:02.00 (1:55.08)	9:58.71 (1:56.71)	11:54.69 (1:55.99)	13:42.31 (1:47.62)

Femenil Salto de Longitud Sub 20

Name	Year Team	Finals	Points
1 # 258 Cadena R, Aylin G	05 Istmo	4.08m	
4.01m FOUL	4.08m 3.93m FOUL	3.85m	
2 # 330 Arellano B, Fanny	06 Mixteca	2.87m	
2.37m FOUL	2.57m FOUL FOUL	2.87m	

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil Salto Triple Sub 20**

Name	Year Team	Finals	Points
-- # 391 Hernandez R, Yese	06 Sierra Sur	FOUL	
FOUL FOUL FOUL FOUL FOUL FOUL			

Femenil Impulso de Bala 4 kg Sub 20

Name	Year Team	Finals	Points
1 # 348 Garcia S, Aida Ya	06 Mixteca	6.39m	
6.21m 5.70m 6.39m 6.22m FOUL 5.63m			

Femenil Lanzamiento de Disco 1 kg Sub 20

Name	Year Team	Finals	Points
1 # 348 Garcia S, Aida Ya	06 Mixteca	18.93m	
16.32m 17.11m 16.31m 18.93m 18.06m FOUL			
2 # 207 Bernal A, Chelsea	06 Costa	12.66m	
FOUL 11.16m FOUL 12.66m 12.46m 11.78m			
3 # 330 Arellano B, Fanny	06 Mixteca	8.93m	
FOUL 7.19m 7.57m 6.82m 8.93m 6.24m			

Femenil Lanzamiento de Martillo 4 kg Sub 20

Name	Year Team	Finals	Points
1 # 303 Marquez T, Genesi	06 Istmo	14.63m	
FOUL FOUL FOUL FOUL 14.63m FOUL			

Femenil Lanzamiento de Jabalina 600 gr Sub 20

Name	Year Team	Finals	Points
1 # 207 Bernal A, Chelsea	06 Costa	13.78m	
FOUL 11.18m 13.78m 12.02m 11.53m 11.72m			

Femenil 10000 Metros Marcha Sub 20

Name	Year Team	Finals	Points
1 # 436 Gopar E, Maria Fe	05 Valles Centrales	1:11:36.84	

Femenil 100 Metros Planos Sub 23

Name	Year Team	Finals	Points
1 # 203 Apolinar L, Zulem	02 Costa	14.68	
2 # 218 Gonzalez C, Yamil	04 Costa	14.83	
3 # 250 Alvarado H, Cecil	02 Valles Centrales	15.01	
4 # 440 Guzman K, Katheri	02 Valles Centrales	15.23	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Femenil 200 Metros Planos Sub 23**

Name	Year Team	Finals	Points
1 # 479 Nolasco A, Citlal	02 Valles Centrales	28.45	
2 # 218 Gonzalez C, Yamil	04 Costa	29.58	
3 # 250 Alvarado H, Cecil	02 Valles Centrales	30.66	
4 # 399 Alvarado R, Luz A	03 Valles Centrales	31.15	
5 # 234 Kauffmann G, Kath	04 Valles Centrales	31.64	

Femenil 400 Metros Planos Sub 23

Name	Year Team	Finals	Points
1 # 479 Nolasco A, Citlal	02 Valles Centrales	1:07.21	
2 # 399 Alvarado R, Luz A	03 Valles Centrales	1:09.84	

Femenil 800 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 # 412 Cinco P, Diana Ca	03 Valles Centrales	2:28.67	
1:10.37 (1:10.37)	2:28.67 (1:18.31)		
2 # 482 Peña R, Mariana M	03 Valles Centrales	2:32.03	
1:09.10 (1:09.10)	2:32.03 (1:22.93)		
3 # 460 Martinez A, Sue P	04 Valles Centrales	2:35.40	
1:12.87 (1:12.87)	2:35.40 (1:22.54)		
4 # 246 Talaya G, Diana L	04 Costa	2:54.46	
1:14.30 (1:14.30)	2:54.46 (1:40.16)		

Femenil 1500 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 # 412 Cinco P, Diana Ca	03 Valles Centrales	5:16.61	
59.86 (59.86)	2:25.19 (1:25.33)	3:52.74 (1:27.55)	5:16.61 (1:23.88)
2 # 482 Peña R, Mariana M	03 Valles Centrales	5:32.67	
1:06.29 (1:06.29)	2:40.44 (1:34.16)	4:11.92 (1:31.48)	5:32.67 (1:20.75)
3 # 460 Martinez A, Sue P	04 Valles Centrales	5:43.86	
1:06.54 (1:06.54)	2:40.81 (1:34.28)	4:15.19 (1:34.39)	5:43.86 (1:28.67)
4 # 547 Santiago D, Nahar	02 Valles Centrales	5:57.62	
1:07.63 (1:07.63)	4:23.12 (3:15.50)	5:57.62 (1:34.50)	
5 # 247 Xilotl M, Silvia	03 Costa	6:16.64	
1:06.79 (1:06.79)	2:41.43 (1:34.64)	4:25.12 (1:43.69)	6:16.64 (1:51.53)
6 # 346 Garcia G, Anayeli	02 Mixteca	6:25.96	
2:47.47 (2:47.47)	4:35.47 (1:48.01)	6:25.96 (1:50.49)	
7 # 264 Coutiño O, Perla	04 Istmo	6:43.21	
1:08.75 (1:08.75)	2:54.76 (1:46.01)	4:57.08 (2:02.32)	6:43.21 (1:46.13)
8 # 246 Talaya G, Diana L	04 Costa	6:43.64	
1:09.43 (1:09.43)	2:54.22 (1:44.79)	4:46.77 (1:52.55)	6:43.64 (1:56.88)

Femenil 5000 Metros Carrera Sub 23

Name	Year Team	Finals	Points
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Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 5000 Metros Carrera Sub 23**

1 #	374 Salazar T, Mariel	03 Mixteca	17:57.42		
	39.13 (39.13)	2:00.54 (1:21.42)	3:25.23 (1:24.70)	4:51.74 (1:26.51)	
	6:18.67 (1:26.93)	7:45.89 (1:27.22)	9:14.32 (1:28.44)	10:42.46 (1:28.14)	
	12:11.27 (1:28.81)	13:39.78 (1:28.52)	15:07.42 (1:27.65)	16:33.36 (1:25.94)	
	17:57.42 (1:24.07)				
2 #	364 Pedro U, Daniela	02 Mixteca	19:31.48		
	41.30 (41.30)	2:09.43 (1:28.13)	3:40.93 (1:31.51)	5:14.66 (1:33.73)	
	6:48.71 (1:34.05)	8:23.06 (1:34.36)	9:58.38 (1:35.32)	11:35.11 (1:36.73)	
	13:12.18 (1:37.07)	14:48.89 (1:36.71)	16:26.13 (1:37.25)	18:02.38 (1:36.25)	
	19:31.48 (1:29.11)				
3 #	397 Santos J, Priscil	02 Sierra Sur	21:23.50		
	41.66 (41.66)	2:11.81 (1:30.15)	3:48.36 (1:36.56)	5:26.56 (1:38.20)	
	7:10.22 (1:43.66)	8:54.88 (1:44.67)	10:42.49 (1:47.62)	12:29.89 (1:47.40)	
	14:16.68 (1:46.79)	16:04.80 (1:48.12)	17:52.77 (1:47.98)	19:43.78 (1:51.01)	
	21:23.50 (1:39.73)				
4 #	547 Santiago D, Nahar	02 Valles Centrales	22:27.35		
	43.06 (43.06)	2:18.57 (1:35.51)	4:01.29 (1:42.73)	5:49.59 (1:48.30)	
	7:39.08 (1:49.49)	9:28.96 (1:49.89)	11:22.75 (1:53.79)	13:15.23 (1:52.48)	
	15:09.89 (1:54.66)	17:04.15 (1:54.27)	18:54.44 (1:50.29)	20:46.00 (1:51.56)	
	22:27.35 (1:41.36)				

Femenil 10000 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 #	374 Salazar T, Mariel	03 Mixteca	36:36.53
	1:20.20 (1:20.20)	2:42.18 (1:21.99)	4:05.04 (1:22.86)
	6:55.19 (1:26.24)	8:22.22 (1:27.04)	9:49.10 (1:26.89)
	12:42.71 (1:26.50)	14:10.43 (1:27.72)	15:39.30 (1:28.87)
	18:35.27 (1:27.80)	20:04.98 (1:29.71)	21:35.09 (1:30.11)
	24:36.33 (1:30.81)	26:06.55 (1:30.23)	27:36.94 (1:30.40)
	30:41.65 (1:33.11)	32:12.85 (1:31.20)	33:42.48 (1:29.64)
	36:36.53 (1:24.66)		35:11.87 (1:29.39)
2 #	397 Santos J, Priscil	02 Sierra Sur	44:46.23
	1:24.49 (1:24.49)	2:57.90 (1:33.42)	4:36.17 (1:38.27)
	7:53.57 (1:38.66)	9:33.06 (1:39.49)	11:16.90 (1:43.84)
	14:49.26 (1:48.54)	16:37.23 (1:47.98)	18:27.74 (1:50.51)
	22:06.73 (1:49.28)	23:56.99 (1:50.26)	25:48.33 (1:51.34)
	29:29.29 (1:49.70)	31:22.08 (1:52.80)	33:12.68 (1:50.60)
	37:02.43 (1:55.60)	38:56.66 (1:54.23)	40:50.31 (1:53.66)
	44:46.23 (1:55.96)		42:50.27 (1:59.96)
3 #	347 Garcia G, Edith	04 Mixteca	48:13.72
	1:26.37 (1:26.37)	3:06.04 (1:39.68)	4:51.76 (1:45.73)
	8:32.28 (1:50.83)	10:25.53 (1:53.25)	12:21.57 (1:56.04)
	16:14.65 (1:56.76)	18:14.56 (1:59.91)	20:13.04 (1:58.49)
	24:13.97 (2:00.38)	26:13.58 (1:59.62)	28:12.62 (1:59.04)
	32:07.42 (1:57.74)	34:04.75 (1:57.33)	36:06.61 (2:01.87)
	40:09.02 (2:00.40)	42:10.15 (2:01.14)	44:11.35 (2:01.20)
	48:13.72 (2:01.20)		46:12.52 (2:01.17)

Femenil 3000 Metros Steeplechase 76 cm Sub 23

Name	Year Team	Finals	Points
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Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Femenil 3000 Metros Steeplechase 76 cm Sub 23**

1 #	364 Pedro U, Daniela	02 Mixteca	12:01.00			
	44.93 (44.93)	2:20.06 (1:35.14)	3:56.83 (1:36.78)	5:33.31 (1:36.48)		
	7:11.05 (1:37.74)	8:48.77 (1:37.73)	10:28.34 (1:39.57)	12:01.00 (1:32.67)		
-- #	256 Aranjó R, Kenia	04 Istmo	DNF			
	47.66 (47.66)	2:25.54 (1:37.88)	4:05.54 (1:40.01)	5:49.06 (1:43.53)		
	7:36.05 (1:46.99)	9:30.06 (1:54.01)				

Femenil Salto de Longitud Sub 23

Name	Year Team	Finals	Points
1 # 203 Apolinar L, Zulem	02 Costa	4.01m	
FOUL FOUL FOUL	4.01m FOUL	3.89m	

Varonil 80 Metros Planos Sub 16

Name	Year Team	Finals	Points
1 # 448 Jimenez C, Emilio	09 Valles Centrales	10.49	
2 # 277 Gallegos M, Micha	09 Istmo	10.50	
3 # 306 Mijangos T, Danie	10 Istmo	10.58	
4 # 489 Prieto B, Mikel D	09 Valles Centrales	10.93	
5 # 238 Rodriguez D, Regi	10 Costa	12.01	
6 # 353 Lopez G, Cuauhtli	10 Mixteca	12.35	

Varonil 150 Metros Planos Sub 16

Name	Year Team	Finals	H#	Points
1 # 415 Cruz C, Oscar Ale	09 Valles Centrales	18.82	1	
2 # 448 Jimenez C, Emilio	09 Valles Centrales	18.95	1	
3 # 401 Aranda O, Isaac	09 Valles Centrales	18.98	1	
3 # 319 Rueda S, Melvin S	09 Istmo	18.98	1	
5 # 306 Mijangos T, Danie	10 Istmo	19.39	2	
6 # 490 Quero R, Daniel Y	09 Valles Centrales	19.44	2	
7 # 277 Gallegos M, Micha	09 Istmo	19.63	1	
8 # 489 Prieto B, Mikel D	09 Valles Centrales	19.90	2	
9 # 238 Rodriguez D, Regi	10 Costa	22.31	1	
10 # 353 Lopez G, Cuauhtli	10 Mixteca	22.47	1	

Varonil 300 Metros Planos Sub 16

Name	Year Team	Finals	H#	Points
1 # 425 Garcia C, Tiago A	09 Valles Centrales	37.57	2	
2 # 334 Barragan L, Jose	09 Mixteca	39.55	1	
3 # 415 Cruz C, Oscar Ale	09 Valles Centrales	40.05	1	
4 # 319 Rueda S, Melvin S	09 Istmo	40.08	2	
5 # 401 Aranda O, Isaac	09 Valles Centrales	40.90	2	
6 # 490 Quero R, Daniel Y	09 Valles Centrales	41.85	1	
7 # 386 Garcia C, Iker Ka	09 Sierra Sur	42.46	1	
8 # 554 Silva Z, Zuriel A	10 Valles Centrales	43.07	1	
9 # 385 Cruz T, Jose Juli	10 Sierra Sur	43.25	2	
10 # 251 Alvarez M, Jazir	09 Istmo	44.82	1	
11 # 384 Cortes V, Dominik	09 Sierra Sur	47.20	2	
12 # 430 Gomez P, Carlos E	09 Valles Centrales	49.09	2	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil 600 Metros Carrera Sub 16**

Name	Year Team	Finals	Points
1 # 424 Garca J, Zarek El	09 Valles Centrales	1:23.37	
2 # 425 Garcia C, Tiago A	09 Valles Centrales	1:23.91	
3 # 407 Carlos P, Emilian	09 Valles Centrales	1:25.14	
4 # 334 Barragan L, Jose	09 Mixteca	1:31.82	
5 # 455 Lopez C, Ivan San	10 Valles Centrales	1:34.62	
6 # 390 Hernandez R, Javi	09 Sierra Sur	1:37.40	
7 # 558 Vasquez M, Jhosma	10 Valles Centrales	1:37.82	
8 # 385 Cruz T, Jose Juli	10 Sierra Sur	1:38.66	
9 # 281 Garcia T, Manuel	09 Istmo	1:41.68	
10 # 289 Jimenez H, Alvaro	09 Istmo	1:44.40	
11 # 245 Suarez H, Hector	10 Costa	1:46.29	
12 # 322 Sarabia G, Albers	10 Istmo	1:47.43	
13 # 430 Gomez P, Carlos E	09 Valles Centrales	1:54.40	

Varonil 2000 Metros Carrera Sub 16

Name	Year Team	Finals	Points
1 # 424 Garca J, Zarek El	09 Valles Centrales	5:47.45	
1:10.70 (1:10.70)	2:19.91 (1:09.21)	3:30.12 (1:10.22)	4:39.11 (1:08.99)
5:47.45 (1:08.35)			
2 # 407 Carlos P, Emilian	09 Valles Centrales	6:04.99	
1:10.93 (1:10.93)	2:20.19 (1:09.26)	3:32.22 (1:12.04)	4:48.34 (1:16.13)
6:04.99 (1:16.65)			
3 # 558 Vasquez M, Jhosma	10 Valles Centrales	6:34.23	
1:11.45 (1:11.45)	2:27.57 (1:16.12)	3:48.59 (1:21.02)	5:14.89 (1:26.31)
6:34.23 (1:19.35)			
4 # 461 Martinez C, Alons	10 Valles Centrales	6:40.15	
1:11.69 (1:11.69)	2:28.06 (1:16.38)	3:49.77 (1:21.71)	5:15.48 (1:25.71)
6:40.15 (1:24.68)			
5 # 332 Avendaño Z, Irwin	09 Mixteca	6:43.23	
1:11.53 (1:11.53)	2:24.93 (1:13.41)	3:48.87 (1:23.94)	5:15.20 (1:26.34)
6:43.23 (1:28.03)			
6 # 390 Hernandez R, Javi	09 Sierra Sur	6:45.86	
1:12.13 (1:12.13)	2:30.83 (1:18.70)	3:55.22 (1:24.39)	5:22.44 (1:27.22)
6:45.86 (1:23.43)			
7 # 376 Santiago B, Jonat	10 Mixteca	6:57.62	
1:11.02 (1:11.02)	2:28.30 (1:17.28)	3:54.93 (1:26.64)	5:29.38 (1:34.45)
6:57.62 (1:28.24)			
8 # 322 Sarabia G, Albers	10 Istmo	7:24.69	
1:11.29 (1:11.29)	2:33.50 (1:22.21)	4:08.86 (1:35.37)	5:48.34 (1:39.49)
7:24.69 (1:36.35)			
9 # 318 Rios G, Alexander	09 Istmo	7:38.93	
1:13.80 (1:13.80)	2:46.24 (1:32.45)	4:26.99 (1:40.76)	6:06.96 (1:39.97)
7:38.93 (1:31.98)			
10 # 281 Garcia T, Manuel	09 Istmo	7:42.53	
1:13.90 (1:13.90)	2:46.87 (1:32.97)	4:26.28 (1:39.42)	6:05.37 (1:39.10)
7:42.53 (1:37.16)			
11 # 245 Suarez H, Hector	10 Costa	7:56.58	
1:11.35 (1:11.35)	2:41.52 (1:30.17)	4:24.23 (1:42.72)	6:07.58 (1:43.35)
7:56.58 (1:49.01)			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil 300 Metros C/Vallas 76 cm Sub 16**

Name	Year Team	Finals	Points
1 # 293 Lopez D, Justo De	10 Istmo	54.01	

Varonil Salto de Altura Sub 16

Name	Year Team	Finals	Points
1 # 284 Guerra V, Yeshua	09 Istmo	1.65m	
1.55 1.60 1.65 1.70			
XO O XXO XXX			
2 # 549 Santos V, Anuar K	09 Valles Centrales	1.40m	
1.25 1.30 1.35 1.40 1.43			
O O O XXO XXX			

Varonil Salto de Longitud Sub 16

Name	Year Team	Finals	Points
1 # 284 Guerra V, Yeshua	09 Istmo	5.60m	
FOUL FOUL 5.60m 3.85m 5.55m 5.60m			
2 # 549 Santos V, Anuar K	09 Valles Centrales	4.38m	
4.22m 4.38m FOUL FOUL 3.82m FOUL			
3 # 270 Cruz T, Gustavo A	10 Istmo	4.26m	
FOUL FOUL 4.26m 4.19m FOUL 4.16m			
4 # 384 Cortes V, Dominik	09 Sierra Sur	4.14m	
4.00m 4.14m 4.07m 3.92m 2.73m 3.95m			

Varonil Impulso de Bala 8 lb Sub 16

Name	Year Team	Finals	Points
1 # 355 Martinez S, Marvi	09 Mixteca	12.28m	
11.40m 11.83m 12.28m 11.57m FOUL FOUL			
2 # 253 Aquino H, Randy	09 Istmo	10.64m	
FOUL 10.10m FOUL FOUL 10.30m 10.64m			
3 # 215 Garcia M, Aaron D	10 Costa	9.51m	
8.77m 9.51m 9.15m FOUL FOUL 9.23m			
4 # 361 Ortiz V, Gerardo	10 Mixteca	7.50m	
7.50m 6.73m 7.47m 6.42m 7.19m 7.07m			

Varonil Lanzamiento de Disco 1 kg Sub 16

Name	Year Team	Finals	Points
1 # 298 Manzo V, Angel Sa	09 Istmo	27.70m	
22.79m 22.84m FOUL 25.09m 27.70m 25.10m			
2 # 361 Ortiz V, Gerardo	10 Mixteca	17.07m	
FOUL 17.07m 16.89m 16.64m 14.96m 15.04m			
3 # 215 Garcia M, Aaron D	10 Costa	16.25m	
16.25m 15.67m FOUL 13.78m 12.72m FOUL			

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil Lanzamiento de Martillo 4 kg Sub 16**

Name	Year Team	Finals	Points
1 # 276 Fuentes F, Hector	09 Istmo	48.53m	
48.53m 45.43m 47.87m 43.76m 43.07m 45.29m			
2 # 315 Ramirez G, Mateo	10 Istmo	32.95m	
32.80m FOUL 31.27m FOUL 32.95m 31.79m			
3 # 317 Ramirez T, Joel Y	10 Istmo	30.16m	
27.87m 25.47m FOUL FOUL 30.16m 26.69m			

Heptathlon: #1 Varonil 80 Metros Planos Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 402 Arandas N, Juan J	10 Valles Centrales	10.79	654
2 # 287 Hernandez T, Carl	09 Istmo	10.84	645
3 # 290 Lopez C, Aquiles	10 Istmo	11.55	532

Heptathlon: #7 Varonil 1200 Metros Carrera Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 402 Arandas N, Juan J	10 Valles Centrales	4:04.66	452
1:23.01 (1:23.01) 2:48.60 (1:25.59) 4:04.66 (1:16.07)			
2 # 287 Hernandez T, Carl	09 Istmo	4:06.09	439
1:22.89 (1:22.89) 2:46.85 (1:23.96) 4:06.09 (1:19.25)			
3 # 290 Lopez C, Aquiles	10 Istmo	4:17.08	377
1:22.86 (1:22.86) 2:47.10 (1:24.24) 4:17.08 (1:29.98)			

Heptathlon: #4 Varonil 80 Metros C/Vallas 84 cm Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 287 Hernandez T, Carl	09 Istmo	14.89	411
2 # 402 Arandas N, Juan J	10 Valles Centrales	15.10	394
3 # 290 Lopez C, Aquiles	10 Istmo	15.58	357

Heptathlon: #2 Varonil Salto de Altura Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 # 287 Hernandez T, Carl	09 Istmo	1.45m	582
1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50			
O O O O O XO O O XXX			
2 # 402 Arandas N, Juan J	10 Valles Centrales	1.35m	499
1.10 1.15 1.20 1.25 1.30 1.35 1.40			
O O O O O O XXX			
3 # 290 Lopez C, Aquiles	10 Istmo	1.30m	462
1.10 1.15 1.20 1.25 1.30 1.35			
O O O XO O XXX			

Heptathlon: #5 Varonil Salto de Longitud Sub 16 Heptathlon

Name	Year Team	Finals	Points
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Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****...Heptathlon: #5 Varonil Salto de Longitud Sub 16 Heptathlon**

1 #	287 Hernandez T, Carl	09 Istmo	4.55m	529
	FOUL FOUL		4.55m	
2 #	402 Arandas N, Juan J	10 Valles Centrales	4.54m	527
	4.45m 4.54m 4.43m			
3 #	290 Lopez C, Aquiles	10 Istmo	3.83m	384
	FOUL 3.83m FOUL			

Heptathlon: #3 Varonil Impulso de Bala 8 lb Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 #	287 Hernandez T, Carl 09 Istmo	10.62m	552
	10.62m 10.37m 10.31m		
2 #	402 Arandas N, Juan J 10 Valles Centrales	8.52m	449
	8.52m FOUL 8.29m		
3 #	290 Lopez C, Aquiles 10 Istmo	7.90m	416
	7.90m 7.03m FOUL		

Heptathlon: #6 Varonil Lanzamiento de Pelota Sub 16 Heptathlon

Name	Year Team	Finals	Points
1 #	287 Hernandez T, Carl 09 Istmo	54.30m	580
	52.76m 54.30m 50.27m		
2 #	402 Arandas N, Juan J 10 Valles Centrales	48.63m	531
	45.92m 48.63m 46.92m		
3 #	290 Lopez C, Aquiles 10 Istmo	41.50m	466
	41.50m 36.10m 39.73m		

Varonil Heptathlon Sub 16

Name	Year Team	Finals	H#	Points
1 #	287 Hernandez T, Carl 09 Istmo	3738		10
2 #	402 Arandas N, Juan J 10 Valles Centrales	3506		8
3 #	290 Lopez C, Aquiles 10 Istmo	2994		6

Varonil 100 Metros Planos Sub 18

Name	Year Team	Finals	H#	Points
1 #	552 Silva J, Giovanni 07 Valles Centrales	12.33	1	
2 #	327 Verdugo H, Jesus 08 Istmo	12.36	1	
3 #	273 Dominguez M, Pabl 08 Istmo	12.59	1	
4 #	200 Abarca L, Geovani 07 Costa	12.70	2	
5 #	375 Santiago A, Dylan 07 Mixteca	12.79	1	
6 #	429 Gomez J, Kevin Ya 08 Valles Centrales	13.18	1	
7 #	237 Robles C, Bernard 07 Costa	13.33	1	
8 #	239 Ruiz I, Rey David 08 Costa	13.54	1	
9 #	243 Semos A, Jovanny 08 Costa	14.53	1	

Varonil 200 Metros Planos Sub 18

Name	Year Team	Finals	H#	Points
1 #	552 Silva J, Giovanni 07 Valles Centrales	24.23	1	

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 200 Metros Planos Sub 18**

2 #	327 Verdugo H, Jesus	08 Istmo	24.91	2
3 #	237 Robles C, Bernard	07 Costa	25.16	1
4 #	273 Dominguez M, Pabl	08 Istmo	25.23	2
5 #	370 Reyes C, Raul	08 Mixteca	25.56	1
6 #	462 Martinez C, Edrei	07 Valles Centrales	25.76	1
7 #	465 Martinez V, Luis	07 Valles Centrales	26.13	2
8 #	360 Ortiz S, Jordi An	08 Mixteca	26.23	1
9 #	429 Gomez J, Kevin Ya	08 Valles Centrales	26.42	2
10 #	442 Hernandez B, Orla	08 Valles Centrales	26.63	1
11 #	239 Ruiz I, Rey David	08 Costa	26.70	1
12 #	236 Reyes S, Esdrass	08 Costa	27.32	1
13 #	243 Semos A, Jovanny	08 Costa	29.55	2

Varonil 400 Metros Planos Sub 18

Name	Year Team	Finals	H#	Points
1 #	480 Ortiz A, Mauricio	07 Valles Centrales	53.90	1
2 #	230 Pimentel G, Ferna	07 Costa	55.39	1
3 #	370 Reyes C, Raul	08 Mixteca	55.65	1
4 #	462 Martinez C, Edrei	07 Valles Centrales	57.98	1
5 #	465 Martinez V, Luis	07 Valles Centrales	58.93	1
6 #	442 Hernandez B, Orla	08 Valles Centrales	59.69	2
7 #	261 Castillejos N, Em	08 Istmo	59.74	1
8 #	288 Jimenez B, Victor	08 Istmo	1:01.26	2
9 #	228 Palma Lisarraga J	08 Costa	1:04.91	2
10 #	244 Silva J, Ali Keit	08 Costa	1:08.62	1

Varonil 800 Metros Carrera Sub 18

Name	Year Team	Finals	H#	Points
1 #	323 Sarabia G, Virgil	07 Istmo	2:08.70	2
	1:01.96 (1:01.96)	2:08.70 (1:06.75)		
2 #	480 Ortiz A, Mauricio	07 Valles Centrales	2:09.21	2
	1:00.86 (1:00.86)	2:09.21 (1:08.36)		
3 #	230 Pimentel G, Ferna	07 Costa	2:11.68	1
	1:05.97 (1:05.97)	2:11.68 (1:05.72)		
4 #	450 Jimenez L, Julio	07 Valles Centrales	2:12.78	1
	1:06.87 (1:06.87)	2:12.78 (1:05.91)		
5 #	453 Lescas M, Dylan K	07 Valles Centrales	2:13.94	2
	1:02.94 (1:02.94)	2:13.94 (1:11.00)		
6 #	458 Luis C, Eder Juli	07 Valles Centrales	2:17.02	1
	1:07.42 (1:07.42)	2:17.02 (1:09.60)		
7 #	466 Mateos A, Jonatha	07 Valles Centrales	2:23.41	1
	1:07.97 (1:07.97)	2:23.41 (1:15.44)		
8 #	449 Jimenez D, Oliver	08 Valles Centrales	2:26.18	1
	1:12.38 (1:12.38)	2:26.18 (1:13.80)		

Varonil 1500 Metros Carrera Sub 18

Name	Year Team	Finals	Points
1 #	335 Camacho R, Oscar	07 Mixteca	4:38.62
	56.79 (56.79)	2:17.73 (1:20.95)	3:33.01 (1:15.28)
			4:38.62 (1:05.61)

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 1500 Metros Carrera Sub 18**

2 #	362 Otriz L, Simitrio	08 Mixteca	4:39.26		
	57.14 (57.14)	2:18.21 (1:21.07)	3:33.31 (1:15.11)	4:39.26 (1:05.96)	
3 #	451 Sebastian M, Xavi	08 Valles Centrales	4:43.41		
	51.62 (51.62)	2:01.82 (1:10.21)	3:25.68 (1:23.86)	4:43.41 (1:17.73)	
4 #	369 Reyes C, Angel	07 Mixteca	4:45.41		
	57.77 (57.77)	2:18.68 (1:20.91)	3:35.20 (1:16.52)	4:45.41 (1:10.21)	
5 #	394 Martinez H, Rodri	08 Sierra Sur	4:46.47		
	58.03 (58.03)	2:19.82 (1:21.80)	3:35.57 (1:15.75)	4:46.47 (1:10.90)	
6 #	450 Jimenez L, Julio	07 Valles Centrales	4:47.66		
	57.88 (57.88)	2:19.49 (1:21.62)	3:35.78 (1:16.29)	4:47.66 (1:11.88)	
7 #	458 Luis C, Eder Juli	07 Valles Centrales	4:50.20		
	56.70 (56.70)	2:18.47 (1:21.77)	3:36.13 (1:17.66)	4:50.20 (1:14.07)	
8 #	473 Mora P, Kevin Ala	08 Valles Centrales	4:57.55		
	57.51 (57.51)	2:19.29 (1:21.78)	3:37.07 (1:17.78)	4:57.55 (1:20.48)	
9 #	233 Ramirez R, Jesus	07 Costa	6:04.65		
	58.12 (58.12)	2:33.28 (1:35.17)	4:21.97 (1:48.69)	6:04.65 (1:42.68)	

Varonil 3000 Metros Carrera Sub 18

Name	Year Team	Finals	Points
1 # 362 Otriz L, Simitrio	08 Mixteca	10:00.83	
36.27 (36.27)	1:56.14 (1:19.88)	3:20.09 (1:23.95)	4:41.97 (1:21.89)
6:05.33 (1:23.36)	7:30.99 (1:25.66)	8:51.66 (1:20.67)	10:00.83 (1:09.18)
2 # 369 Reyes C, Angel	07 Mixteca	10:15.12	
36.68 (36.68)	1:56.49 (1:19.81)	3:20.47 (1:23.99)	4:42.68 (1:22.22)
6:06.48 (1:23.81)	7:32.83 (1:26.35)	8:59.48 (1:26.65)	10:15.12 (1:15.64)
3 # 240 Salgado M, Edgar	07 Costa	10:24.68	
39.00 (39.00)	1:58.61 (1:19.61)	3:24.24 (1:25.63)	4:50.42 (1:26.19)
6:15.90 (1:25.49)	7:44.64 (1:28.74)	9:12.78 (1:28.15)	10:24.68 (1:11.91)
4 # 394 Martinez H, Rodri	08 Sierra Sur	10:41.51	
39.80 (39.80)	2:00.70 (1:20.90)	3:26.94 (1:26.25)	4:51.80 (1:24.86)
6:15.73 (1:23.94)	7:49.24 (1:33.51)	9:16.04 (1:26.80)	10:41.51 (1:25.47)
-- # 316 Ramirez M, Marcos	08 Istmo	DNF	
39.63 (39.63)	2:20.29 (1:40.66)		

Varonil 110 Metros C/Vallas 91 cm Sub 18

Name	Year Team	Finals	Points
1 # 213 Galvan B, David G	08 Costa	19.68	
2 # 206 Bernal A, Adan	08 Costa	20.68	

Varonil 400 Metros C/Vallas 84 cm Sub 18

Name	Year Team	Finals	Points
1 # 213 Galvan B, David G	08 Costa	1:09.58	
2 # 261 Castillejos N, Em	08 Istmo	1:12.74	
3 # 206 Bernal A, Adan	08 Costa	1:14.16	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil 2000 Metros Steeplechase 84 cm Sub 18**

Name	Year Team	Finals	Points
1 # 335 Camacho R, Oscar	07 Mixteca	6:41.45	
1:14.97 (1:14.97)	2:36.32 (1:21.36)	3:58.17 (1:21.86)	5:21.93 (1:23.76)
6:41.45 (1:19.52)			
2 # 451 Sebastian M, Xavi	08 Valles Centrales	7:10.34	
1:13.59 (1:13.59)	2:34.74 (1:21.16)	4:02.49 (1:27.75)	5:36.46 (1:33.97)
7:10.34 (1:33.89)			
3 # 473 Mora P, Kevin Ala	08 Valles Centrales	7:12.05	
1:16.51 (1:16.51)	2:43.44 (1:26.94)	4:12.03 (1:28.59)	5:44.61 (1:32.59)
7:12.05 (1:27.44)			
4 # 449 Jimenez D, Oliver	08 Valles Centrales	7:24.98	
1:19.80 (1:19.80)	2:48.35 (1:28.55)	4:22.32 (1:33.98)	6:01.28 (1:38.97)
7:24.98 (1:23.70)			
5 # 323 Sarabia G, Virgil	07 Istmo	7:25.07	
1:13.74 (1:13.74)	2:32.41 (1:18.67)	3:59.72 (1:27.32)	5:40.26 (1:40.54)
7:25.07 (1:44.82)			
6 # 466 Mateos A, Jonatha	07 Valles Centrales	8:15.15	
1:19.36 (1:19.36)	2:52.85 (1:33.49)	4:34.47 (1:41.63)	6:23.16 (1:48.69)
8:15.15 (1:52.00)			
7 # 233 Ramirez R, Jesus	07 Costa	9:21.22	
1:22.49 (1:22.49)	3:07.37 (1:44.88)	5:05.97 (1:58.61)	7:13.45 (2:07.49)
9:21.22 (2:07.78)			

Varonil Salto de Altura Sub 18

Name	Year Team	Finals	Points
1 # 286 Hernandez J, Yami	08 Istmo	1.60m	
1.45 1.50 1.55 1.60 1.65			
O O O XO XXX			
2 # 414 Clavel C, Jesus A	07 Valles Centrales	1.35m	
1.25 1.30 1.35 1.40			
O O O XXX			

Varonil Salto de Longitud Sub 18

Name	Year Team	Finals	Points
1 # 241 Salinas M, Chisti	07 Costa	5.56m	
5.35m 5.56m FOUL FOUL 5.16m 5.24m			
2 # 229 Patiño P, Frank A	07 Costa	5.45m	
FOUL 5.45m 5.22m FOUL 5.07m 5.14m			
3 # 200 Abarca L, Geovani	07 Costa	5.09m	
FOUL FOUL 5.09m 4.51m FOUL 4.99m			
4 # 286 Hernandez J, Yami	08 Istmo	5.05m	
FOUL 5.05m FOUL FOUL FOUL			
5 # 311 Pineda C, Jorge A	08 Istmo	4.45m	
4.35m 4.02m FOUL 4.37m 4.45m 4.08m			
6 # 414 Clavel C, Jesus A	07 Valles Centrales	4.39m	
4.38m FOUL 4.20m 2.75m 3.54m 4.39m			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil Salto Triple Sub 18**

Name	Year Team	Finals	Points
1 # 229 Patiño P, Frank A	07 Costa	12.15m	
FOUL 11.85m 11.81m 12.15m 11.78m FOUL			
2 # 241 Salinas M, Chisti	07 Costa	11.37m	
FOUL FOUL 11.25m 11.03m FOUL 11.37m			

Varonil Impulso de Bala 5 kg Sub 18

Name	Year Team	Finals	Points
1 # 484 Perez A, Roberto	07 Valles Centrales	12.50m	
10.45m 12.26m FOUL 12.50m FOUL FOUL			
2 # 216 Garcia V, Santiag	07 Costa	10.72m	
10.72m FOUL 10.50m 10.67m 8.16m 9.87m			
3 # 314 Ramirez F, Oscar	07 Istmo	10.47m	
9.09m FOUL 9.96m 10.47m FOUL FOUL			
4 # 291 Lopez C, Nelson	08 Istmo	7.08m	
6.82m 6.64m FOUL 6.65m 7.08m 7.04m			
5 # 320 Sanchez H, Markus	08 Istmo	6.63m	
FOUL 6.63m PASS PASS PASS PASS			

Varonil Lanzamiento de Disco 1.5 kg Sub 18

Name	Year Team	Finals	Points
1 # 484 Perez A, Roberto	07 Valles Centrales	34.51m	
32.57m 31.12m 34.05m FOUL FOUL 34.51m			
2 # 216 Garcia V, Santiag	07 Costa	25.09m	
23.87m 18.58m 22.70m 22.38m 25.09m 22.82m			
3 # 314 Ramirez F, Oscar	07 Istmo	23.48m	
11.66m 23.48m FOUL 16.64m 22.71m FOUL			
4 # 291 Lopez C, Nelson	08 Istmo	16.67m	
15.08m 15.07m 16.14m 16.26m FOUL 16.67m			

Varonil Lanzamiento de Martillo 5 kg Sub 18

Name	Year Team	Finals	Points
1 # 278 Galue G, Antony A	07 Istmo	52.10m	
FOUL 52.10m FOUL FOUL FOUL 48.90m			
2 # 279 Garcia G, Diego I	07 Istmo	48.36m	
FOUL FOUL 45.74m 48.36m FOUL FOUL			
3 # 320 Sanchez H, Markus	08 Istmo	33.58m	
FOUL FOUL FOUL 33.58m 30.67m FOUL			

Decathlon: #1 Varonil 100 Metros Planos Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	13.08	454

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Decathlon: #5 Varonil 400 Metros Planos Sub 18 Decathlon**

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	58.97	449

Decathlon: #10 Varonil 1500 Metros Carrera Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	5:14.03	482
		54.97 (54.97) 2:16.86 (1:21.90) 3:47.42 (1:30.56)	5:14.03 (1:26.61)

Decathlon: #6 Varonil 110 Metros C/Vallas 91 cm Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	20.46	314

Decathlon: #4 Varonil Salto de Altura Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	1.30m	250
		1.25 1.30 1.35	
		0 XXO XXX	

Decathlon: #8 Varonil Salto con Garrocha Sub 18 Decathlon

Name	Year Team	Finals	Points
-- # 388 Garcia R, Cristop	08 Sierra Sur	FAIL	

Decathlon: #2 Varonil Salto de Longitud Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	4.68m	323
		4.18m FOUL 4.68m	

Decathlon: #3 Varonil Impulso de Bala 5 kg Sub 18 Decathlon

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	6.72m	291
		FOUL FOUL 6.72m	

Decathlon: #7 Varonil Lanzamiento de Disco 1.5 kg Sub 18 Decathlon

Name	Year Team	Finals	Points
-- # 388 Garcia R, Cristop	08 Sierra Sur	FOUL	
		FOUL FOUL FOUL	

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Decathlon: #9 Varonil Lanzamiento de Jabalina 700 gr Sub 18 Decathlon**

Name	Year Team	Finals	Points
1 # 388 Garcia R, Cristop	08 Sierra Sur	16.30m	112
16.30m 14.68m 10.93m			

Varonil 10000 Metros Marcha Sub 18

Name	Year Team	Finals	Points
1 # 396 Peña G, Isaias Al	07 Sierra Sur	57:38.02	

Varonil 100 Metros Planos Sub 20

Name	Year Team	Finals	Points
1 # 470 Mendoza P, Cesar	05 Valles Centrales	11.63	
2 # 325 Trejo M, Adan Fer	05 Istmo	12.01	
3 # 382 Vasquez M, Roman	05 Mixteca	12.18	
4 # 400 Angeles S, Anibal	05 Valles Centrales	12.36	
5 # 209 Colmenares R, Axe	06 Costa	12.45	
6 # 354 Lopez H, Kevin Al	06 Mixteca	12.48	

Varonil 200 Metros Planos Sub 20

Name	Year Team	Finals	Points
1 # 470 Mendoza P, Cesar	05 Valles Centrales	23.53	
2 # 325 Trejo M, Adan Fer	05 Istmo	23.92	
3 # 209 Colmenares R, Axe	06 Costa	24.84	
4 # 354 Lopez H, Kevin Al	06 Mixteca	24.90	
5 # 400 Angeles S, Anibal	05 Valles Centrales	26.64	

Varonil 400 Metros Planos Sub 20

Name	Year Team	Finals	Points
1 # 497 Rodriguez C, Antw	06 Valles Centrales	55.24	
2 # 443 Hernandez H, Ayrt	05 Valles Centrales	55.75	
3 # 265 Crispin G, Jose A	06 Istmo	59.83	

Varonil 800 Metros Carrera Sub 20

Name	Year Team	Finals	H#	Points
1 # 324 Toledo F, Josue	06 Istmo	2:05.38	2	
1:00.10 (1:00.10)	2:05.38 (1:05.29)			
2 # 344 Daza O, Omar	06 Mixteca	2:06.32	2	
1:00.66 (1:00.66)	2:06.32 (1:05.66)			
3 # 426 Garcia H, Carlos	05 Valles Centrales	2:08.70	1	
1:04.23 (1:04.23)	2:08.70 (1:04.47)			
4 # 475 Morales O, Elian	06 Valles Centrales	2:09.80	1	
1:05.01 (1:05.01)	2:09.80 (1:04.79)			
5 # 550 Sebastian M, Brad	06 Valles Centrales	2:10.43	1	
1:04.94 (1:04.94)	2:10.43 (1:05.50)			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 800 Metros Carrera Sub 20**

6 #	443 Hernandez H, Ayrt	05 Valles Centrales	2:12.73	1
	1:04.66 (1:04.66)	2:12.73 (1:08.08)		
7 #	497 Rodriguez C, Antw	06 Valles Centrales	2:14.87	2
	1:02.33 (1:02.33)	2:14.87 (1:12.55)		
8 #	226 Mendoza J, Eduard	05 Costa	2:26.99	1
	1:07.33 (1:07.33)	2:26.99 (1:19.67)		
9 #	403 Barragan C, Angel	06 Valles Centrales	2:44.98	1
	1:16.92 (1:16.92)	2:44.98 (1:28.06)		

Varonil 1500 Metros Carrera Sub 20

Name	Year Team	Finals	Points
1 # 324 Toledo F, Josue	06 Istmo	4:19.10	
51.20 (51.20)	1:58.13 (1:06.94)	3:09.58 (1:11.45)	4:19.10 (1:09.53)
2 # 339 Coronado C, Angel	05 Mixteca	4:19.43	
51.68 (51.68)	1:58.23 (1:06.55)	3:09.37 (1:11.15)	4:19.43 (1:10.06)
3 # 483 Perez A, Guillerm	06 Valles Centrales	4:25.18	
50.63 (50.63)	1:58.25 (1:07.62)	3:10.62 (1:12.38)	4:25.18 (1:14.57)
4 # 344 Daza O, Omar	06 Mixteca	4:33.47	
51.45 (51.45)	1:59.06 (1:07.61)	3:13.42 (1:14.36)	4:33.47 (1:20.06)
5 # 451 Sebastian M, Xavi	08 Valles Centrales	4:43.41	
51.62 (51.62)	2:01.82 (1:10.21)	3:25.68 (1:23.86)	4:43.41 (1:17.73)
6 # 475 Morales O, Elian	06 Valles Centrales	4:44.07	
53.21 (53.21)	2:08.31 (1:15.10)	3:29.28 (1:20.97)	4:44.07 (1:14.79)
7 # 426 Garcia H, Carlos	05 Valles Centrales	4:44.37	
53.27 (53.27)	2:07.07 (1:13.80)	3:25.10 (1:18.03)	4:44.37 (1:19.28)
8 # 550 Sebastian M, Brad	06 Valles Centrales	4:50.23	
51.91 (51.91)	2:00.60 (1:08.69)	3:22.92 (1:22.32)	4:50.23 (1:27.31)
9 # 262 Ceballos O, Gael	06 Istmo	5:02.01	
53.33 (53.33)	2:08.02 (1:14.69)	3:35.28 (1:27.27)	5:02.01 (1:26.73)
10 # 219 Hernandez L, Fran	06 Costa	5:32.90	
53.64 (53.64)	2:09.64 (1:16.01)	3:43.16 (1:33.53)	5:32.90 (1:49.74)
11 # 403 Barragan C, Angel	06 Valles Centrales	5:52.37	
59.25 (59.25)	2:31.82 (1:32.57)	4:16.60 (1:44.78)	5:52.37 (1:35.77)

Varonil 5000 Metros Carrera Sub 20

Name	Year Team	Finals	Points
1 # 339 Coronado C, Angel	05 Mixteca	16:18.51	
36.77 (36.77)	1:50.07 (1:13.30)	3:05.84 (1:15.77)	4:21.33 (1:15.49)
5:39.19 (1:17.87)	6:58.01 (1:18.82)	8:18.17 (1:20.17)	9:38.65 (1:20.48)
10:59.79 (1:21.14)	12:20.95 (1:21.17)	13:44.15 (1:23.21)	15:06.62 (1:22.47)
16:18.51 (1:11.90)			
2 # 296 Magno E, Enrique	05 Istmo	16:23.55	
35.04 (35.04)	1:49.25 (1:14.21)	3:06.13 (1:16.88)	4:21.74 (1:15.62)
5:39.95 (1:18.22)	6:58.79 (1:18.84)	8:20.45 (1:21.67)	9:42.20 (1:21.75)
11:05.54 (1:23.34)	12:27.46 (1:21.93)	13:50.90 (1:23.44)	15:11.75 (1:20.85)
16:23.55 (1:11.81)			
3 # 483 Perez A, Guillerm	06 Valles Centrales	17:03.77	
36.39 (36.39)	1:50.03 (1:13.64)	3:05.99 (1:15.96)	4:22.64 (1:16.66)
5:43.67 (1:21.03)	7:08.32 (1:24.66)	8:33.38 (1:25.06)	9:58.62 (1:25.25)
11:23.88 (1:25.26)	12:49.11 (1:25.23)	14:15.94 (1:26.84)	15:42.65 (1:26.71)
17:03.77 (1:21.12)			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 5000 Metros Carrera Sub 20**

4 #	392 Jarquin C, Sergio	06 Sierra Sur	17:55.71			
	38.12 (38.12)	1:56.23 (1:18.11)	3:18.21 (1:21.99)	4:42.40 (1:24.19)		
	6:04.64 (1:22.24)	7:30.40 (1:25.76)	8:59.81 (1:29.42)	10:29.75 (1:29.94)		
	12:00.06 (1:30.31)	13:31.10 (1:31.04)	15:02.27 (1:31.18)	16:30.16 (1:27.89)		
	17:55.71 (1:25.55)					
5 #	463 Martinez L, Franc	05 Valles Centrales	18:58.79			
	36.55 (36.55)	1:50.39 (1:13.84)	3:08.12 (1:17.73)	4:37.15 (1:29.03)		
	6:13.05 (1:35.91)	7:53.39 (1:40.34)	9:35.79 (1:42.40)	11:14.33 (1:38.55)		
	12:52.96 (1:38.63)	14:31.33 (1:38.37)	16:09.51 (1:38.18)	17:40.68 (1:31.18)		
	18:58.79 (1:18.12)					
6 #	222 Juarez L, Gilbert	06 Costa	19:00.47			
	38.37 (38.37)	1:59.16 (1:20.79)	3:27.78 (1:28.62)	4:59.27 (1:31.50)		
	6:32.89 (1:33.62)	8:05.34 (1:32.45)	9:37.71 (1:32.38)	11:13.97 (1:36.26)		
	12:52.63 (1:38.66)	14:30.93 (1:38.31)	16:09.07 (1:38.14)	17:39.36 (1:30.30)		
	19:00.47 (1:21.11)					
7 #	372 Rojas S, Alexis	05 Mixteca	19:10.88			
	37.78 (37.78)	1:58.48 (1:20.70)	3:29.35 (1:30.88)	5:00.17 (1:30.82)		
	6:33.68 (1:33.51)	8:06.29 (1:32.62)	9:39.93 (1:33.64)	11:15.40 (1:35.48)		
	12:53.91 (1:38.51)	14:30.30 (1:36.39)	16:09.12 (1:38.82)	17:42.12 (1:33.00)		
	19:10.88 (1:28.76)					
8 #	262 Ceballos O, Gael	06 Istmo	19:41.70			
	36.85 (36.85)	1:51.17 (1:14.32)	3:16.89 (1:25.73)	4:49.67 (1:32.78)		
	6:26.81 (1:37.15)	8:05.59 (1:38.79)	9:45.70 (1:40.11)	11:26.65 (1:40.95)		
	13:07.44 (1:40.79)	14:50.11 (1:42.67)	16:35.80 (1:45.70)	18:13.38 (1:37.58)		
	19:41.70 (1:28.33)					

Varonil 10000 Metros Carrera Sub 20

Name	Year Team	Finals	Points
1 # 372 Rojas S, Alexis	05 Mixteca	39:25.79	
1:23.11 (1:23.11)	2:49.17 (1:26.07)	4:17.32 (1:28.15)	5:45.61 (1:28.30)
7:16.75 (1:31.15)	8:48.50 (1:31.75)	10:21.76 (1:33.26)	11:56.20 (1:34.45)
13:30.69 (1:34.49)	15:05.81 (1:35.12)	16:41.81 (1:36.00)	18:18.22 (1:36.42)
19:54.60 (1:36.38)	21:30.25 (1:35.66)	23:06.23 (1:35.98)	24:39.49 (1:33.27)
26:18.29 (1:38.80)	27:59.30 (1:41.01)	29:40.25 (1:40.96)	31:19.87 (1:39.62)
32:59.63 (1:39.76)	34:40.39 (1:40.77)	36:12.20 (1:31.82)	37:43.86 (1:31.66)
39:25.79 (1:41.93)			
2 # 350 Hernandez C, Yami	05 Mixteca	41:28.74	
1:22.31 (1:22.31)	2:47.69 (1:25.39)	4:14.94 (1:27.25)	5:41.78 (1:26.84)
7:10.48 (1:28.71)	8:40.18 (1:29.71)	10:12.63 (1:32.45)	11:45.01 (1:32.38)
13:19.39 (1:34.39)	14:55.77 (1:36.38)	16:32.10 (1:36.34)	18:08.00 (1:35.90)
19:44.93 (1:36.93)	21:25.92 (1:41.00)	23:06.69 (1:40.78)	24:38.75 (1:32.06)
26:13.95 (1:35.20)	27:53.29 (1:39.34)	29:41.95 (1:48.66)	31:25.49 (1:43.54)
34:41.80 (3:16.32)	36:08.97 (1:27.18)	37:56.56 (1:47.59)	39:41.60 (1:45.04)
41:28.74 (1:47.15)			

Varonil 3000 Metros Steeplechase 91 cm Sub 20

Name	Year Team	Finals	Points
1 # 296 Magno E, Enrique	05 Istmo	10:08.10	
33.65 (33.65)	1:46.42 (1:12.78)	3:05.89 (1:19.47)	4:29.44 (1:23.56)
5:56.96 (1:27.52)	7:23.90 (1:26.94)	8:49.76 (1:25.87)	10:08.10 (1:18.35)

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 3000 Metros Steeplechase 91 cm Sub 20**

2 #	336 Castro G, Rath Le	06 Mixteca	10:33.42			
	34.98 (34.98)	1:52.12 (1:17.14)	3:12.87 (1:20.76)	4:36.58 (1:23.71)		
	6:04.33 (1:27.75)	7:34.54 (1:30.22)	9:05.94 (1:31.40)	10:33.42 (1:27.48)		
3 #	345 Fernandez T, Luis	06 Mixteca	12:14.11			
	36.81 (36.81)	1:59.19 (1:22.38)	3:36.34 (1:37.16)	5:17.02 (1:40.68)		
	7:00.48 (1:43.47)	8:49.06 (1:48.58)	10:38.14 (1:49.08)	12:14.11 (1:35.98)		
-- #	219 Hernandez L, Fran	06 Costa	DNF			
	37.60 (37.60)	1:58.11 (1:20.51)	3:30.40 (1:32.30)			

Varonil Salto de Longitud Sub 20

Name	Year Team	Finals	Points
1 #	201 Ansalado R, Rudy 05 Costa	5.73m	
	5.34m 5.16m 5.28m 5.73m 5.70m 5.71m		
2 #	205 Aspeitia P, Jose 06 Costa	5.43m	
	FOUL 5.23m 5.38m 5.43m FOUL 5.28m		

Varonil Salto Triple Sub 20

Name	Year Team	Finals	Points
1 #	201 Ansalado R, Rudy 05 Costa	12.21m	
	12.21m FOUL FOUL 11.74m FOUL FOUL		
2 #	205 Aspeitia P, Jose 06 Costa	12.01m	
	FOUL 11.18m FOUL 11.29m 11.71m 12.01m		

Varonil Impulso de Bala 6 kg Sub 20

Name	Year Team	Finals	Points
1 #	445 Hernandez J, Orla 06 Valles Centrales	11.94m	
	10.45m FOUL 11.42m FOUL 10.41m 11.94m		
2 #	283 Gonzalez G, Gabri 05 Istmo	9.72m	
	9.32m FOUL 9.43m 9.38m PASS 9.72m		
3 #	556 Toledo M, Jonatha 06 Valles Centrales	9.26m	
	FOUL 6.53m 9.26m 8.97m 9.21m 9.09m		

Varonil Lanzamiento de Disco 1.75 kg Sub 20

Name	Year Team	Finals	Points
1 #	433 Gonzalez R, Aleja 05 Valles Centrales	33.87m	
	32.07m 31.99m 32.52m 32.29m 33.87m FOUL		
2 #	445 Hernandez J, Orla 06 Valles Centrales	33.81m	
	30.17m 29.47m 30.86m 32.43m 33.81m FOUL		
3 #	556 Toledo M, Jonatha 06 Valles Centrales	29.84m	
	27.43m 26.00m 23.69m 28.59m FOUL 29.84m		

Varonil Lanzamiento de Martillo 6 kg Sub 20

Name	Year Team	Finals	Points
1 #	433 Gonzalez R, Aleja 05 Valles Centrales	41.13m	
	37.44m 38.83m FOUL 37.37m 37.44m 41.13m		

Estatal de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil Lanzamiento de Martillo 6 kg Sub 20**

2 #	254 Aquino L, Angel G	05 Istmo	38.16m
	37.01m FOUL	38.16m FOUL	FOUL FOUL
3 #	283 Gonzalez G, Gabri	05 Istmo	30.35m
	FOUL 28.23m	FOUL 25.90m	29.87m 30.35m

Varonil 100 Metros Planos Sub 23

Name	Year Team	Finals	Points
1 # 342 Cruz R, Juan Jose	04 Mixteca	12.39	
2 # 446 Hernandez P, Fran	02 Valles Centrales	12.58	
3 # 559 Velasco M, Orland	03 Valles Centrales	12.71	
4 # 341 Cruz O, Gustavo A	02 Mixteca	12.87	
5 # 387 Garcia O, Wilvber	02 Sierra Sur	13.38	
-- # 456 Lopez G, Ercik Al	02 Valles Centrales	X13.18	CONDDE

Varonil 200 Metros Planos Sub 23

Name	Year Team	Finals	Points
1 # 495 Ramos P, Felix Da	03 Valles Centrales	23.30	
2 # 559 Velasco M, Orland	03 Valles Centrales	25.06	
3 # 446 Hernandez P, Fran	02 Valles Centrales	25.50	
4 # 341 Cruz O, Gustavo A	02 Mixteca	26.01	
5 # 456 Lopez G, Ercik Al	02 Valles Centrales	27.38	
6 # 486 Perez O, Edgar Yo	03 Valles Centrales	29.68	
7 # 546 Sanchez J, Daniel	02 Valles Centrales	30.51	

Varonil 400 Metros Planos Sub 23

Name	Year Team	Finals	Points
1 # 495 Ramos P, Felix Da	03 Valles Centrales	52.14	
2 # 464 Martinez T, Javie	03 Valles Centrales	58.06	
3 # 543 Ruiz M, Zaeed Eli	02 Valles Centrales	1:06.42	
4 # 486 Perez O, Edgar Yo	03 Valles Centrales	1:08.75	

Varonil 800 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 # 562 Zurita V, Juan de	02 Valles Centrales	1:59.92	
	58.13 (58.13)	1:59.92 (1:01.80)	
2 # 471 Merlin A, Oscar	02 Valles Centrales	2:08.62	
	1:02.60 (1:02.60)	2:08.62 (1:06.02)	
3 # 304 Martinez L, Aldo	02 Istmo	2:17.12	
	1:03.45 (1:03.45)	2:17.12 (1:13.68)	
4 # 406 Canton M, Maurici	04 Valles Centrales	2:24.40	
	1:11.89 (1:11.89)	2:24.40 (1:12.51)	
5 # 543 Ruiz M, Zaeed Eli	02 Valles Centrales	2:34.12	
	1:12.78 (1:12.78)	2:34.12 (1:21.35)	

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil 1500 Metros Carrera Sub 23**

Name	Year Team	Finals	Points
1 # 418 Cruz H, Ian Ari	04 Valles Centrales	4:14.26	
4:14.26 (4:14.26)			
2 # 478 Navarro H, Michel	02 Valles Centrales	4:14.88	
4:14.88 (4:14.88)			
3 # 562 Zurita V, Juan de	02 Valles Centrales	4:17.88	
4:17.88 (4:17.88)			
4 # 333 Barragan L, Franc	03 Mixteca	4:30.49	
4:30.49 (4:30.49)			
5 # 488 Ponce H, Daniel	04 Valles Centrales	4:31.49	
4:31.49 (4:31.49)			
6 # 471 Merlin A, Oscar	02 Valles Centrales	4:33.86	
4:33.86 (4:33.86)			
7 # 416 Cruz F, Jose Ange	02 Valles Centrales	4:43.40	
4:43.40 (4:43.40)			
8 # 365 Perez R, Cristian	04 Mixteca	4:45.52	
4:45.52 (4:45.52)			
9 # 304 Martinez L, Aldo	02 Istmo	4:57.59	
4:57.59 (4:57.59)			

Varonil 5000 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 # 371 Reyes O, Tomas	03 Mixteca	15:32.62	
38.28 (38.28)	1:56.77 (1:18.49)	3:11.99 (1:15.22)	4:28.07 (1:16.08)
5:45.30 (1:17.24)	7:04.24 (1:18.94)	8:21.90 (1:17.67)	9:31.77 (1:09.87)
10:44.69 (1:12.93)	11:59.69 (1:15.00)	13:12.88 (1:13.19)	14:25.68 (1:12.81)
15:32.62 (1:06.94)			
2 # 418 Cruz H, Ian Ari	04 Valles Centrales	16:00.88	
38.56 (38.56)	1:57.51 (1:18.95)	3:12.32 (1:14.82)	4:28.44 (1:16.12)
5:45.59 (1:17.15)	7:04.57 (1:18.99)	8:22.85 (1:18.28)	9:34.17 (1:11.32)
10:48.59 (1:14.42)	12:05.13 (1:16.55)	13:23.94 (1:18.81)	14:46.49 (1:22.55)
16:00.88 (1:14.40)			
3 # 478 Navarro H, Michel	02 Valles Centrales	16:24.23	
38.10 (38.10)	1:56.52 (1:18.42)	3:11.74 (1:15.23)	4:27.88 (1:16.14)
5:45.17 (1:17.29)	7:04.03 (1:18.87)	8:22.41 (1:18.38)	9:37.93 (1:15.52)
10:57.07 (1:19.14)	12:17.13 (1:20.07)	13:39.85 (1:22.73)	15:02.13 (1:22.28)
16:24.23 (1:22.10)			
4 # 563 Cruz M, Eduardo	04 Valles Centrales	16:53.16	
38.82 (38.82)	1:57.87 (1:19.05)	3:13.77 (1:15.90)	4:31.77 (1:18.00)
5:52.98 (1:21.21)	7:15.08 (1:22.11)	8:36.30 (1:21.23)	9:57.87 (1:21.57)
11:21.89 (1:24.03)	12:45.31 (1:23.42)	14:10.65 (1:25.34)	15:33.45 (1:22.80)
16:53.16 (1:19.72)			
5 # 488 Ponce H, Daniel	04 Valles Centrales	17:14.49	
38.91 (38.91)	1:58.42 (1:19.51)	3:15.21 (1:16.79)	4:37.77 (1:22.56)
5:58.91 (1:21.15)	7:21.35 (1:22.44)	8:44.75 (1:23.41)	11:34.69 (2:49.94)
13:00.49 (1:25.80)	14:27.75 (1:27.26)	15:53.52 (1:25.77)	17:14.49 (1:20.97)
6 # 474 Morales A, Adolfo	03 Valles Centrales	17:36.72	
38.29 (38.29)	1:57.82 (1:19.53)	3:14.87 (1:17.05)	4:38.13 (1:23.26)
5:59.35 (1:21.23)	7:23.00 (1:23.65)	8:50.34 (1:27.35)	10:19.17 (1:28.83)
13:14.87 (2:55.70)	14:44.72 (1:29.85)	16:15.22 (1:30.50)	17:36.72 (1:21.51)

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 5000 Metros Carrera Sub 23**

7 #	416 Cruz F, Jose Ange	02 Valles Centrales	18:08.71		
	38.92 (38.92)	2:00.04 (1:21.12)	3:25.32 (1:25.29)	4:51.18 (1:25.87)	
	6:17.52 (1:26.34)	7:45.29 (1:27.77)	9:14.87 (1:29.59)	12:11.24 (2:56.37)	
	13:40.34 (1:29.11)	15:11.47 (1:31.13)	16:45.82 (1:34.35)	18:08.71 (1:22.90)	
8 #	422 Eufragio H, Eli U	03 Valles Centrales	21:04.44		
	39.13 (39.13)	2:01.09 (1:21.96)	3:32.75 (1:31.67)	5:10.19 (1:37.44)	
	6:53.30 (1:43.11)	8:37.21 (1:43.92)	10:23.07 (1:45.86)	12:12.79 (1:49.72)	
	14:04.02 (1:51.24)	16:00.31 (1:56.29)	17:51.01 (1:50.71)	19:33.41 (1:42.40)	
	21:04.44 (1:31.03)				
9 #	404 Bautista H, Jesus	02 Valles Centrales	21:13.07		
	39.54 (39.54)	2:03.13 (1:23.59)	3:36.95 (1:33.83)	5:18.81 (1:41.86)	
	7:03.98 (1:45.17)	8:51.80 (1:47.82)	10:40.40 (1:48.61)	12:29.42 (1:49.03)	
	14:20.24 (1:50.82)	16:09.55 (1:49.31)	17:52.98 (1:43.43)	19:35.36 (1:42.38)	
	21:13.07 (1:37.72)				

Varonil 10000 Metros Carrera Sub 23

Name	Year Team	Finals	Points
1 # 371 Reyes O, Tomas	03 Mixteca	32:59.61	
1:12.72 (1:12.72)	2:29.80 (1:17.08)	3:50.72 (1:20.92)	5:11.91 (1:21.19)
6:33.95 (1:22.04)	7:54.27 (1:20.33)	9:14.31 (1:20.05)	10:35.46 (1:21.15)
11:56.61 (1:21.15)	13:18.58 (1:21.98)	14:40.66 (1:22.08)	16:01.19 (1:20.53)
17:21.40 (1:20.22)	18:41.48 (1:20.09)	20:01.35 (1:19.87)	21:20.44 (1:19.09)
22:40.73 (1:20.29)	24:02.52 (1:21.79)	25:22.34 (1:19.83)	26:41.88 (1:19.54)
28:01.18 (1:19.30)	29:20.01 (1:18.84)	30:35.72 (1:15.71)	31:54.07 (1:18.35)
32:59.61 (1:05.54)			
2 # 563 Cruz M, Eduardo	04 Valles Centrales	35:36.71	
1:19.59 (1:19.59)	2:41.20 (1:21.62)	4:03.62 (1:22.42)	5:26.48 (1:22.87)
6:48.66 (1:22.18)	8:11.20 (1:22.54)	9:34.34 (1:23.15)	10:57.85 (1:23.52)
12:22.01 (1:24.16)	13:46.25 (1:24.24)	15:11.64 (1:25.40)	16:37.05 (1:25.41)
18:03.85 (1:26.81)	19:31.65 (1:27.81)	20:58.25 (1:26.60)	22:24.80 (1:26.56)
23:54.14 (1:29.34)	25:23.26 (1:29.13)	26:53.92 (1:30.66)	28:24.44 (1:30.53)
29:53.98 (1:29.54)	31:22.90 (1:28.92)	32:50.89 (1:27.99)	34:11.03 (1:20.14)
35:36.72 (1:25.69)			
3 # 474 Morales A, Adolfo	03 Valles Centrales	35:57.28	
1:20.30 (1:20.30)	2:42.36 (1:22.06)	4:05.88 (1:23.52)	5:29.14 (1:23.27)
6:54.98 (1:25.84)	8:22.08 (1:27.11)	9:49.38 (1:27.30)	11:16.44 (1:27.06)
12:42.89 (1:26.45)	14:09.54 (1:26.66)	15:35.26 (1:25.72)	17:01.56 (1:26.31)
18:26.94 (1:25.38)	19:53.98 (1:27.05)	21:22.07 (1:28.10)	22:50.80 (1:28.73)
24:20.46 (1:29.67)	25:48.69 (1:28.23)	27:16.24 (1:27.55)	28:43.43 (1:27.19)
30:09.59 (1:26.17)	31:36.33 (1:26.74)	33:03.04 (1:26.72)	34:30.35 (1:27.31)
35:57.28 (1:26.93)			
4 # 427 Oliva M, Abraham	04 Valles Centrales	37:45.51	
1:17.77 (1:17.77)	2:41.51 (1:23.75)	4:06.34 (1:24.83)	5:32.86 (1:26.52)
7:00.55 (1:27.69)	8:29.55 (1:29.01)	9:58.47 (1:28.92)	11:29.25 (1:30.78)
13:00.89 (1:31.65)	14:30.88 (1:30.00)	16:01.76 (1:30.88)	17:32.74 (1:30.99)
19:05.94 (1:33.20)	20:38.36 (1:32.42)	22:11.00 (1:32.65)	23:42.67 (1:31.67)
25:14.39 (1:31.73)	26:47.84 (1:33.45)	28:22.25 (1:34.41)	29:53.71 (1:31.46)
31:24.62 (1:30.91)	32:59.25 (1:34.64)	34:34.77 (1:35.52)	36:18.63 (1:43.87)
37:45.51 (1:26.88)			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****....Varonil 10000 Metros Carrera Sub 23**

5 #	404	Bautista H, Jesus	02	Valles Centrales	44:25.32				
		1:23.65 (1:23.65)		2:56.07 (1:32.43)	4:35.26 (1:39.20)	6:14.54 (1:39.28)			
		7:57.32 (1:42.78)		9:44.43 (1:47.11)	11:30.54 (1:46.12)	13:21.51 (1:50.97)			
		15:07.60 (1:46.10)		16:54.85 (1:47.26)	18:41.69 (1:46.84)	20:28.97 (1:47.28)			
		22:18.26 (1:49.29)		24:06.47 (1:48.21)	26:00.12 (1:53.66)	27:51.61 (1:51.49)			
		29:46.87 (1:55.27)		31:37.88 (1:51.01)	33:28.93 (1:51.06)	35:24.01 (1:55.08)			
		37:12.56 (1:48.55)		38:58.87 (1:46.32)	40:46.86 (1:48.00)	42:37.12 (1:50.26)			
		44:25.32 (1:48.20)							
6 #	557	Vargas M, Ernesto	02	Valles Centrales	45:02.98				
		1:23.96 (1:23.96)		2:55.10 (1:31.14)	4:29.55 (1:34.46)	6:08.87 (1:39.32)			
		7:51.77 (1:42.91)		9:37.45 (1:45.68)	11:26.90 (1:49.45)	13:17.03 (1:50.14)			
		15:10.86 (1:53.83)		17:02.49 (1:51.63)	18:52.50 (1:50.02)	20:45.88 (1:53.38)			
		22:39.19 (1:53.31)		24:29.48 (1:50.30)	26:23.27 (1:53.79)	28:17.68 (1:54.41)			
		30:08.02 (1:50.35)		31:57.96 (1:49.94)	33:47.91 (1:49.95)	35:42.55 (1:54.65)			
		37:31.41 (1:48.86)		39:24.00 (1:52.59)	41:18.80 (1:54.81)	43:10.90 (1:52.10)			
		45:02.98 (1:52.08)							

Varonil 110 Metros C/Vallas 1.067 m Sub 23

Name	Year	Team	Finals	Points	
1 #	309	Orozco L, Felipe	02	Istmo	19.84

Varonil 400 Metros C/Vallas 91 cm Sub 23

Name	Year	Team	Finals	Points	
1 #	309	Orozco L, Felipe	02	Istmo	1:07.60
2 #	464	Martinez T, Javie	03	Valles Centrales	1:10.36

Varonil 3000 Metros Steeplechase 91 cm Sub 23

Name	Year	Team	Finals	Points	
1 #	333	Barragan L, Franc	03	Mixteca	10:52.02
		38.48 (38.48)	1:59.47 (1:20.99)	3:22.19 (1:22.73)	4:46.19 (1:24.00)
		6:13.62 (1:27.44)	7:45.49 (1:31.87)	9:19.39 (1:33.91)	10:52.02 (1:32.64)
2 #	365	Perez R, Cristian	04	Mixteca	11:10.93
		37.20 (37.20)	1:59.48 (1:22.28)	3:27.10 (1:27.63)	4:56.75 (1:29.65)
		6:29.70 (1:32.96)	8:04.50 (1:34.80)	9:38.28 (1:33.79)	11:10.93 (1:32.65)
3 #	373	Romero G, Jesha A	04	Mixteca	11:42.69
		36.59 (36.59)	1:58.62 (1:22.03)	3:26.42 (1:27.81)	5:01.40 (1:34.98)
		6:42.54 (1:41.15)	8:27.84 (1:45.31)	10:11.30 (1:43.46)	11:42.69 (1:31.40)
4 #	406	Canton M, Maurici	04	Valles Centrales	12:02.51
		36.99 (36.99)	1:57.78 (1:20.79)	3:26.14 (1:28.37)	5:03.90 (1:37.76)
		6:49.33 (1:45.43)	8:36.95 (1:47.62)	10:26.40 (1:49.45)	12:02.51 (1:36.12)

Varonil Salto de Longitud Sub 23

Name	Year	Team	Finals	Points	
1 #	235	Reyes H, Arturo	04	Costa	5.53m
		5.53m FOUL FOUL FOUL FOUL FOUL			

Estatad de Atletismo de Oaxaca 2024 - 01/03/2024 to 03/03/2024**Instituto del Deporte de Oaxaca****Resultados****Varonil Salto Triple Sub 23**

Name	Year Team	Finals	Points
1 # 235 Reyes H, Arturo	04 Costa	12.60m	
12.13m 12.10m 12.60m 12.51m FOUL 12.45m			

Varonil Impulso de Bala 7.26 kg Sub 23

Name	Year Team	Finals	Points
1 # 434 Gonzalez S, Juan	03 Valles Centrales	8.46m	
8.15m 8.45m 8.12m 8.46m 8.23m 7.73m			
2 # 357 Morales A, Johan	02 Mixteca	7.00m	
7.00m 6.68m 6.56m 6.42m 6.11m 6.97m			

Varonil Lanzamiento de Disco 2 kg Sub 23

Name	Year Team	Finals	Points
1 # 434 Gonzalez S, Juan	03 Valles Centrales	29.96m	
FOUL FOUL 26.47m FOUL FOUL 29.96m			
2 # 202 Antonio V, Nester	04 Costa	20.52m	
FOUL 19.88m 19.10m 18.21m FOUL 20.52m			
3 # 357 Morales A, Johan	02 Mixteca	17.59m	
FOUL 17.59m 14.16m 15.01m 16.86m 17.28m			

Varonil Lanzamiento de Jabalina 800 gr Sub 23

Name	Year Team	Finals	Points
1 # 305 Matus C, Edson	03 Istmo	43.57m	
2 # 413 Cisneros T, Jorge	02 Valles Centrales	26.84m	
FOUL 26.84m FOUL FOUL FOUL 22.03m			
3 # 202 Antonio V, Nester	04 Costa	17.06m	
FOUL FOUL 16.40m FOUL 17.06m FOUL			

Varonil 10000 Metros Marcha Sub 23

Name	Year Team	Finals	Points
1 # 395 Peña G, Abraham N	03 Sierra Sur	55:48.23	